

We are proud to present
Our Expert Panel Members



***For information on limited
availability for an Activity
Program for your Loved One
during the program***

OR

***For more specific directions
from your location, please call
Rebecca (727) 467-9464***



PACIFICA SENIOR LIVING

BELLEAIR

Memory Care

Managed by Encore Senior Living

An Assisted Living

& Memory Care Community

At Pacifica Senior Living Belleair, we provide expert memory care including services for individuals with Alzheimer's disease, or related memory impairments. Our nationally-recognized Rediscovery™ program encourages your loved one to continue with the day-to-day activities and hobbies they've done all their lives and help them "rediscover" their remaining abilities. Being in a warm and comfortable yet specialized environment allows residents to thrive to the best of their abilities.

620 Belleair Road
Clearwater, FL 33756

727-467-9464

<http://www.encoresl.com/locations/florida>

Florida Assisted Living Facility AL# 9666
with Extended Congregate Care license



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**A SPECIAL
PRESENTATION ON
PREVENTING DEMENTIA**
*The 7th in Our Series of EXPERT PANEL
SYMPOSIUMS*

Christopher Rivera
"THE ALZHEIMER'S CHEF"

Jeff Truman, MS Ed
"THE S.E.A.R.S. STRATEGY"

Jack Feeney, DMD
"PREVENTATIVE ORAL CARE"



JOHN FEENEY, DMD

Dr. Feeney is a general dentist in Largo. Dr. Feeney will discuss important Oral Care ideas for dementia prevention. He graduated from Emory University for his undergraduate education then received his DMD degree from Tufts University in Boston, Massachusetts. He was awarded fellowship in the Academy of General Dentistry in 2010. He specializes in denture care and the fabrication of implant retained overdentures. Dr. Feeney has seen many patients who have a form of dementia, and he is currently accepting new patients Monday-Friday 8-5.

Mid County Dental Associates

2700 East Bay Drive
Largo, Florida 33771
(727) 536-3400

<http://www.midcountydental.com/index/>



JEFF TRUMAN, MS Ed

is currently the director of **Dementia Caregiver Resources, Inc.** Jeff and his “assistant”, **Franklin Flamingo**, will give a fun, fast paced presentation on how sleep, diet, activities, relaxation, and socializing can affect your brain. He will offer tips and ideas that may help you in preventing dementia. jeff@bookofhope.us



This 7th Symposium will be facilitated by: **Karen** (Karle) **Truman**, Ph.D., President **DEMENTIA CAREGIVER RESOURCES, INC. DCR** is an IRS recognized 501(c)(3) non-profit organization dedicated to helping caregivers who care for persons who have a form of dementia.

drkaren@bookofhope.us

www.dementiacaregiverresources.org



CHRISTOPHER RIVERA

Is the Executive Chef at **Pacifica Senior Living Belleair**, and directs the full food service program at **Pacifica** and is also known as “**The Alzheimer’s Chef**”. He holds the *Culinary Ambassador Cook’s Club Member Certification*. Christopher, through intensive research and study, has distinguished himself as a nutritional expert in brain healthy foods and strategies to improve brain nourishment in persons with dementia and works extensively with the Executive Director, *Christine Varner* at **Pacifica Senior Living Belleair** to develop and implement the **Dementia Innovative Nutrition Essentials (D.I.N.E)** program. This one-of-a-kind program helps to distinguish this Memory Care community as a cutting edge leader in quality of life programs for the memory impaired.