

DEMENTIA CAREGIVER RESOURCES, INC.

Member Organization of:



THE DEMENTIA DETAILS DISPATCH JANUARY 2017

THE LATEST FACTOIDS, RESEARCH, TRIVIA AND INFORMATION

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

JANUARY SUPPORT GROUPS

Jan. 3 & 17 St. Mark Village 9:00 AM
2655 Nebraska Ave. Palm Harbor (727)785-2580

Jan. 3 & 17 Grand Villa Largo 6:00 PM

Jan. 6 & 20 Grand Villa Largo 9:30 AM
750 Starkey Rd. Largo 33771 (727)586-0108

Jan. 18 Palms of Largo – REGAL 2:30 PM
300 Lake Ave NE -Largo, FL 33771 (727)437-1350

FEBRUARY SUPPORT GROUPS

FEB 3 & 17 Grand Villa Largo 9:30 AM

FEB 7 & 21 St. Mark Village 9:00 AM

FEB 7 & 21 Grand Villa Largo 6:00 PM

FEB 15 Palms of Largo – REGAL 2:30 PM

FRANKLIN'S DEMENTIA PREVENTION TIP:

THE NEED TO READ

When was the last time you picked up a book, whether for fun or fact finding? Reading strengthens the imagination, promotes linear thinking, demands we use logic and reasoning, and exercises our brain to be more productive. In 2017, find time to sit quietly and invigorate your brain – READ!



WHEN RELATING TO A PERSON WITH A DEMENTIA, THESE ARE SOME IMPORTANT GUIDELINES:

- 1) Don't tell them they are wrong about something - Never argue with them
- 2) Don't yell at them. They have Alzheimer's not a hearing problem!
- 3) Don't ask if they remember something
- 4) Don't remind them that their spouse, parents or other loved one is dead
- 5) Don't bring up topics that may upset them (i.e.: doctor appointments)

Sean W. Scott
Elder Law Attorney

New legislation was passed on October 11, 2011 regarding the granting of powers in the State of Florida **Durable Power of Attorney (DPOA)**. Our law office sees documents drafted by other attorneys every week that do not meet the current legislative criteria. This is a fatal error when doing Medicaid planning for a loved one. The powers which need to be *initialed* are imperative to allowing Elder Law attorneys to qualify their clients for Medicaid. Everyone over eighteen needs a DPOA. This document should be updated every five to six years as it is often considered too old in the eyes of financial institutions.

Please call us for a free consult: (727)539-0181
or visit: <http://www.virtuallawoffice.com/>



CHARMIAN CARR
1942-2016

American actress and singer best known for her role as **Liesl**, the eldest Von Trapp daughter in the 1965 film version of *The Sound of Music*. She later ran an interior design firm, Charmian Carr Designs, in Encino, California. Among her faithful clients was Michael Jackson, who became a friend. She died from a rare form of **Fronto-Temporal Dementia (FTD)**.



Take a tour of ARDEN COURTS PALM HARBOR, and get a free copy of **"The Dementia Caregiver's Little Book of Hope"**.
Call (727)771-1600 to schedule your tour.



Light for the Journey - Courage for the Soul

www.dementiacaregiverresources.org drkaren@bookofhope.us

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A professional who has worked in the dementia industry for over 20 years was recently sharing a personal story. She took one of her residents to the dentist to have his upper plate adjusted since it was not fitting properly. Turns out the plate belonged to another resident. It is so important to get those dental check-ups for your family member even if they are in a long-term care community. When was the last time your Loved One saw the dentist? The time is **now** to book those necessary twice yearly appointments.



Caring for aging parents is tricky. As parents get older, adult children often worry about their ability to manage their finances. It's all too common for seniors to miss bills, spend all their money, or become victims of scams. If a parent is struck by a sudden illness, it may even be difficult to get their bills paid and make arrangements for care. Someone has to step in. Ideally, adult children prepare by talking with their parents early in the game. They know where everything is, including the phone numbers of legal and financial professionals and properly drafted paperwork. In real life, however, parents often resist their children's attempts to help. Most people, especially older parents are reluctant to give up control and are hanging on as hard as they can.



Alzheimer's disease and Down syndrome share a genetic connection, leading to the increased risk of dementia at an earlier age. Currently, Alzheimer's disease has no cure, and no medications have been approved to treat Alzheimer's in people with Down syndrome.

THANK YOU to our JANUARY SPONSOR



Tina M. Costa, RN - ACCOUNT EXECUTIVE
Cell (813)334-3472

Tina.Costa@Rescare.com

ResCare Home Care (727)734-7400

"ResCare to the Rescue!"

ResCare HomeCare helps seniors who want to age in place
www.ResCareHomecare.com

WE WISH TO THANK ALL OF YOU WHO GAVE TO OUR NON-PROFIT ORGANIZATION. YOUR TAX DEDUCTIBLE DONATIONS AND USED INK CARTRIDGE DONATIONS HAVE MADE A BIG DIFFERENCE FOR OUR PRINTING AND OTHER BUSINESS COSTS THROUGHOUT THE YEAR.



CAN YOU MAKE A TAX DEDUCTIBLE DONATION?

We would so appreciate your support!

DEMENTIA CAREGIVER RESOURCES, INC.

PO BOX 7677 - Seminole, FL 33775

WE ALWAYS NEED USED INK CARTRIDGES



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