

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH AUGUST 2023

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

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www.dementiacaregiverresources.org



SUPPORT GROUPS

A loved one has been diagnosed with a form of dementia or you may have just placed your Loved One in a memory care community and you're wondering what now? What do I do next? Where is this leading? Join us to find solutions.



Tuesday AUGUST 8th 2:00PM-3:30PM

620 Belleair Road - Clearwater, FL 33756

For more info, Call: (727) 467-9464

ad.belleair@pacificaseniorliving.com



The INN at FREEDOM SQUARE

Wednesday AUGUST 9th 1:30PM-3PM

10801 Johnson Blvd. - Seminole 33772

RSVP: Eric Kane (727) 398-0363

kaneeric@freedomsquarefl.com



Saturday AUGUST 12th 10:30AM - Noon

3055 Union St. - Clearwater, FL 33759

For more Info, Call: (727) 260-2826

LEWY BODY and VISION CHANGES

Vision changes are common in people with Lewy and can include trouble reading and focusing gaze, changes in color vision, impaired navigation and spatial reasoning, and visual hallucinations. These changes can affect daily life and independence, including important tasks like driving. The presence of visual symptoms can also help with diagnosis of LBD, distinguishing it from other forms of dementia, and should be evaluated in any person experiencing cognitive changes.

Visit: <https://www.lbda.org/>



The Law Office of Sean W. Scott

A knowledgeable elder law attorney that is sensitive to your needs can be your most valuable asset. Navigating the often confusing and emotional territory of elder law can help to ease the financial and practical burdens that may happen if you or loved ones become ill or disabled.

Attend a FREE Seminar in August:

TUESDAY **AUGUST 1st** – 2PM Palm Harbor Library

FRIDAY **AUGUST 4th** – 2:30PM Largo Library

MONDAY **AUGUST 7th** – 2PM Seminole Library

For a free consult, call: (727)539-0181

<http://www.virtuallawoffice.com/>

Education and Training for Alzheimer's Disease and Related Forms of Dementia

HB299 was just passed on July 1, 2023. The new law requires The Department of Elder Affairs (DOEA) to offer education about Alzheimer's disease & related forms of dementia to the general public; requires employees of covered providers, health agency or nurse registry or companion or homemaker service provider, or nursing home, assisted living facility, adult family-care home, or adult day care center to complete specified training within certain time frames. For more information, visit:

<https://trackbill.com/bill/florida-house-bill-299-education-and-training-for-alzheimers-disease-and-related-forms-of-dementia/2326466/>



Light for the Journey - Courage for the Soul



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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](https://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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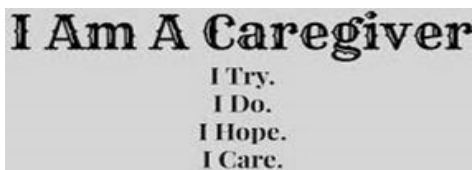
There is a free and easy-to-Use Guide that you can download or order from the **National Institute on Aging**, for people who care for family members or others with Alzheimer's disease (AD) at home.

<https://elderaffairs.org/wp-content/uploads/caring-for-a-person-with-alzheimers-disease.pdf>



GIVE A HUG and VALIDATE

We have a new support group member who was struggling with the fact that her family has abandoned her now that her husband has Alzheimer's. She has many siblings and several children, and none of them have embraced her, shown any compassion, offered to help financially, emotionally, or just to listen. She is devastated and so very hurt. She has attended support groups, and the groups have embraced her and told her they were her new family and gave her their contact info so she could talk to them whenever she needed to vent and seek advice. She is so grateful for the newfound support family and is getting stronger and finding her voice again. If you can give a hug or word of encouragement, please know it is so appreciated by a lonely caregiver.



POOPING ONLY EVERY 3 OR MORE DAYS LINKED WITH COGNITIVE DECLINE

Being chronically constipated, defined by researchers as having a bowel movement only every three or more days, has been linked with a 73% higher risk of subjective cognitive decline, according to research presented at the Alzheimer's Association International Conference in Amsterdam. Chronic constipation has been linked with inflammation and mental disorders such as anxiety and depression, but there have been many unanswered questions about the relationship between digestive health and long-term cognitive function. About 16% of the worldwide adult population experiences constipation, but it's even more common among older adults due to age-related factors such as lack of exercise and dietary fiber, and the use of medicines that can cause constipation as a side effect.

<https://istaart.alz.org/events/item/23/13>



♥ 25 years of assisting caregivers ♥
DEMENTIA CAREGIVER RESOURCES, INC.
P.O. Box 7677 - Seminole, Florida 33775

Your donations make all the difference!
WE ALWAYS NEED USED INK CARTRIDGES



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