

# DEMENTIA CAREGIVER RESOURCES, INC.

## THE DEMENTIA DETAILS DISPATCH APRIL 2019

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us

www.dementiacaregiverresources.org



### APRIL SUPPORT GROUPS

**April 2 - The Preserve** at Clearwater **9:30AM**

2010 Greenbriar Blvd. CLW (727)735-6200

**April 2 & 16 - Grand Villa - Largo 6:00 PM**

750 Starkey Rd. Largo 33771 (727)586-0108



### MAY Support Groups

May 7 - The Preserve Clearwater **9:30 A.M.**

May 7 & 21 Grand Villa Largo **6:00 P.M.**

☺ **Special Speaking Event -April 24th at**

**Cypress Palms: Making Sense of Memory Loss**



*For 2019, we will focus on the many different kinds of dementia and how important it is to get a proper diagnosis.*

### **Certain Medical Conditions can cause dementia and often are reversible**

- Side effects of certain medicines
- Emotional problems, such as stress, anxiety, or depression
- Certain vitamin deficiencies
- Drinking too much alcohol
- Blood clots, tumors, or infections in the brain
- Delirium
- Head injury, such as a concussion from a fall or accident
- Thyroid, kidney, or liver problems

For more information, visit:

<https://www.nia.nih.gov/health/types-dementia>

Sean W. Scott  
Elder Law Attorney

### **Third Requirement for Medicaid Eligibility**

The third requirement is the one most people focus on. It can also be the most confusing requirement due to the number of variables that must be considered, and the special rules concerning moving assets and income. The financial requirement in Florida is divided into two distinct sub-tests: Florida looks at the assets of the applicant and spouse, as well as the applicant's income. In other words: what you got (assets) and what you get (income) are used to determine Medicaid eligibility.

*For more information or to make an appointment for a free consult, call or visit:*

(727)539-0181 <http://www.virtuallawoffice.com/>

### **CHARACTERISTICS of SELF-NEGLECTORS**

Do you know someone who does not "need any help"? Some of the characteristics include the following: Isolated, untrusting, fearful, & independent. They do not see any problems with their situation. They do not want any help! They may have a history of trauma; are likely to live alone, be female, elderly and have a (prescription) substance abuse problem. Mentally, they are more likely to have a form of dementia or mental illness and score poorly on cognitive tests. They fail to recognize the danger they're in. Call the Elder Helpline at **1-800-96-ELDER (1-800-963-5337)** to find services, benefits, and programs that may be available to assist them. Or report Self-Neglect at: <https://www.dcf.state.fl.us/service-programs/abuse-hotline/>



*Light for the Journey - Courage for the Soul*

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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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Scientists have found a compound in coffee that may team up with caffeine to fight Parkinson's disease and Lewy body dementia -- two progressive and currently incurable diseases associated with brain degeneration. <https://www.nexusnewsfeed.com/article/health-healing/two-compounds-in-coffee-may-team-up-to-fight-parkinson-s/>



*forget me not* Quote from a caregiver:

"The description of FTD (Fronto-Temporal Dementia) was utterly familiar. I'm now realizing my husband had less control of himself than I thought he did." --- M.G.

### HOME CARE vs HOME MEDICAL CARE

There are distinct types of care which are both provided in a home setting. It is extremely important to recognize the possible dangers and risk of harm by allowing untrained, unsupervised, independent, nonprofessional caregivers in the home. Home companion's and CNAs often help with day-to-day care needs, such as bathing, dressing, light housekeeping, or meal preparation. A **medical** assistance Home Health Company is usually covered by Medicare or other insurance. These special agencies will assess your loved one's specific healthcare needs and propose a healthcare plan, sometimes called a plan of care. The persons' doctor will then review the healthcare plan and sign it to show approval. Providers that are not licensed can take advantage of an elder. Hiring the right agency may cost a bit more, but there is a far bigger advantage: Peace of Mind.



According to the CDC, in 2016, there were almost 42 million licensed drivers ages 65 and older in the United States. As the number of older drivers rises, patients and their families will increasingly turn to the physicians for guidance on safe driving. This partnership seems to be a key to more effective decision-making and the opinions of doctors vs. family are often valued by older drivers. For older drivers, limiting driving often presents practical problems and can cause strong emotions, from sadness to anger. Family members themselves may feel angry, frustrated, or guilty about depriving their loved one of the freedom of driving. Despite these concerns, family members and older drivers alike prefer to keep these conversations "in the family". Physicians are in a forefront position to address physical, sensory and cognitive changes in their aging patients. They can also help patients maintain mobility through proper counseling and referrals to driver evaluation programs.

### WE ALWAYS NEED USED INK CARTRIDGES

*Can YOU make a difference with a Tax Deductible Donation?*

DCR, Inc.

P.O. Box 7677

Seminole, FL 33775



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