

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH APRIL 2023

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

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www.dementiacaregiverresources.org



In-Person SUPPORT GROUPS



THE BAYBROOK
AT LARGO

(New Name-Same place)

Tuesday April 11th at 1:30PM

750 Starkey Rd. - Largo, FL 33771

RSVP: (727) 586-0108

lifeengagement@baybrooklargo.com



The INN at FREEDOM SQUARE

Wednesday April 12th at 1:30PM

10801 Johnson Blvd. Seminole 33772

RSVP: Eric Kane (727)398-0363

kaneeric@freedomsquarefl.com



ALZHEIMER'S FOUNDATION OF AMERICA Alzheimer's Today Magazine

Are you reading the Alzheimer's Today Magazine? Maureen McGovern (*she sang the song: "The Morning After" from: The Poseidon Adventure*) tells her story of being diagnosed with posterior cortical atrophy (PCA) which is a degenerative brain and nervous system disorder. She has moved to a senior living community and downsized. She is grateful for the support, and her music. She is currently working on an inspirational recording that can bring hope. This is a FREE quarterly publication. You can download the latest issue here:

<https://alzfdn.org/media-center/alztoday/alzheimers-today-volume-18-number-1/>

Or call them at 1(866)232-8484.



The Law Office of Sean W. Scott

We help clients through all aspects of the aging process including estate and incapacity planning, probate and trust administration and Medicaid qualification to help preserve their assets when facing a stay in a nursing home or assisted living facility.

For a free consult, call: (727)539-0181

<http://www.virtuallawoffice.com/>

How assisted living falls under the IRS' medical deduction

There isn't one specific assisted living tax deduction. Instead, you can deduct some assisted living expenses, such as caregiver assistance (help with activities of daily living, or ADLs) and medical expenses. Other expenses, such as room and board, aren't considered medical expenses. Someone qualifies as chronically ill if they require assistance with a minimum of two ADLs or needs substantial supervision to stay safe due to a cognitive impairment (i.e.: Alzheimer's or another form of dementia). ADLs are defined as the following: **Bathing, Contenance, Dressing, Eating, Toileting, and Transferring.**

According to the IRS, medical expenses that total more than 7.5% of someone's adjusted gross income (AGI) are eligible for the medical deduction.



Light for the Journey - Courage for the Soul



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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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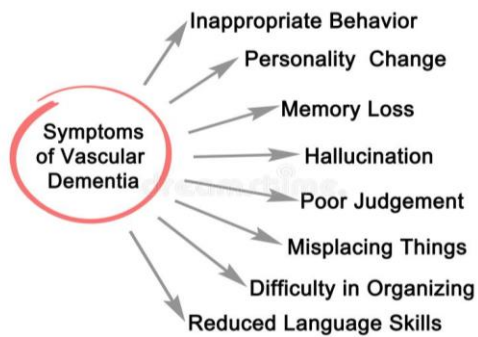
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DITCH THE GUILT

Placing a senior in a nursing home can feel like a monumental failure, but this isn't the case. Adjusting your attitude can help you realize that you are actually fulfilling the underlying commitment you made to your loved one. When you boil it down, you vowed to ensure they receive the best possible care in a comfortable setting. If you have researched alternatives to placement and decided that an assisted living community or skilled nursing home is the only viable option, then ditch the guilt. (At-Home care is VERY costly). You have done all you can. You have honored the spirit of your promise and are making a difficult decision to ensure your loved one is properly cared for. That's exactly what being a good caregiver is all about.



VASCULAR DEMENTIA occurs when blood vessels in the brain, specifically arteries, are damaged. These arteries deliver blood from the heart to the brain. Risk factors include: age, history of stroke, history of heart attacks, high cholesterol, diabetes, lupus, high blood pressure, smoking, and atypical heart rhythms.

Views From Within:

A Lewy Body Video Series

Karen recently connected with Norma Loeb, the **Founder and Executive Director of the Lewy Body Dementia Resource Center in NY**. These videos are powerful and amazing to watch. I learned an important tip about a family member who has had a 'drippy nose' for over 20 years – this can be a sign of Lewy Body (LBD) as it affects the autonomic nervous system which supplies the nose and sinuses. This exclusive production presents the firsthand experiences of people living with LBD, their caregivers, and expert physicians. Crucial information about little-known multiple symptoms, stages, and the difficulties LBD families face, are shared both with health care professionals and the general public.

<https://lewybodyresourcecenter.org/views-from-within-a-lewy-body-video-series/>

NOTE: LBD affects an estimated 1.4 million Americans, is the 2nd most common form of dementia, and is **often misdiagnosed** as a psychiatric disorder or another form of dementia.



♥ 25 years of assisting caregivers ♥

DEMENTIA CAREGIVER RESOURCES, INC.

P.O. Box 7677 - Seminole, Florida 33775

Your donations make all the difference!

WE ALWAYS NEED USED INK CARTRIDGES



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