

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH AUGUST 2025

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us <http://www.dcrinc.org/>

AUGUST SUPPORT GROUPS

JUST KNOW you are not alone.



Room #607

→ **Monday August 11th - 2:30 - 3:45PM**
420 Bay Ave. Clearwater (727)445-4788
Anita M. actdir@clearwateroaks.org



ARAVILLA Clearwater

→ **Tuesday August 12th - 1:30 - 2:45PM**
3055 Union St. 33759 (727)260-2826
j.pham@aravillaclearwater.com



The INN at FREEDOM SQUARE (3rd Floor)

→ **Wednesday August 13th - 1:30 - 3:15 PM**
10801 Johnson Blvd. - Seminole 33772
(727)398-0363
damigodeana@freedomssquarefl.com

GUIDE Model

Guiding an Improved Dementia Experience is a new nationwide initiative from

MEDICARE. Avail Home Care has been approved to provide up to 80 hours of respite care to a person who has Medicare and a diagnosis of dementia. The process takes 4-6 weeks for approval – Please call or text Angel Dougherty (727)776-1180

* Patients must be enrolled in Original Medicare Parts A and B and meet other eligibility requirements.



Creating a **revocable trust** can be part of incapacity planning for seniors. If you are ill, have an accident, or are incapacitated for any other reason, the successor trustee can step in to manage the trust. They can handle investments, pay bills, or provide for your care. That ensures a simpler transition during difficult times. It also helps you avoid the need for a court-appointed guardian.

FREE Medicaid SEMINARS Pinellas Libraries:

Friday August 1st Largo 2:30PM

Tuesday August 5th Palm Harbor 2:00PM

For a free consultation, call: (727)539-0181

Visit: <http://www.virtuallawoffice.com/>

It's 'SHOWTIME'!

Individuals with dementia may be able to mask their cognitive deficits in certain situations, particularly when they are aware of being observed or tested. This "show timing" can make it difficult for healthcare professionals to accurately assess the stage and progression of dementia, potentially delaying necessary interventions and support.

People with Lewy Body dementia may appear much more alert and capable during short visits with doctors or guests. It's a temporary effort to mask symptoms--which they do very well. It is usually followed by exhaustion later that day or the following day. This can lead to misunderstandings about how much help is really needed. Keep notes, take videos, speak up, and trust what you see day to day.

<https://lewybodyresourcecenter.org>

Light for the Journey - Courage for the Soul

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"A copy of the official registration and financial information may be obtained from the division of consumer services by calling toll-free within the state. Registration does not imply endorsement, approval, or recommendation by the state." 1-800-435-7352 <https://www.fdacs.gov/>

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SIGNS THAT A MEMORY CARE FACILITY MAY BE NECESSARY: Safety Concerns:

- **Wandering:** If the person who has dementia wanders off, opens doors, becomes disoriented, and is unable to turn around to find their way back home. They are now at high risk of getting lost or injured. (Traffic, weather, slip and fall, dehydration and bug bites are a few things that can happen quickly).
- **Forgetting** to turn off appliances, leaving the stove on, turning on all lights, or not taking and swallowing medications. They may be 'pocketing them' in the cheek to spit out later.
- **Unsafe Interactions:** Falling for scams, allowing strangers into the home, or revealing personal information to unknown individuals.
- The spouse caregiver is increasingly **unable to continue** the pace and meet the needs of both parties.
- **Changes in behavior:** Withdrawal from social activities, aggression, or neglect of personal hygiene and incontinence.



LOSS OF SMELL, or anosmia, is increasingly recognized as an early warning sign of Alzheimer's disease. Studies indicate that a decline in the sense of smell is linked to the buildup of *amyloid-beta* and *tau proteins*, which are hallmarks of Alzheimer's pathology.

→ These are the scents that a person with Alzheimer's often cannot smell:

Menthol
Clove
Leather
Strawberry
Lilac
Pineapple
Smoke
Soap
Lemon

Note: It's important to consult a healthcare professional for proper diagnosis and treatment if you experience loss of smell, as it could be a symptom of other underlying medical conditions.

Your donations make all the difference!
WE ALWAYS NEED USED INK CARTRIDGES



♥ 28+ years of assisting caregivers ♥
DEMENTIA CAREGIVER RESOURCES, INC.
P.O. Box 7677 - Seminole, Florida 33775

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