

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH DECEMBER 2022

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

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www.dementiacaregiverresources.org



SUPPORT GROUPS

We will resume the groups in January. There are a lot of changes in the long-term care world going on – Please e-mail Karen if you need info or have a crisis situation.

Keep vigilant for ourselves and our Loved Ones who depend on us to stay healthy

Common Symptoms	Cold	Flu	COVID-19
Fever and/or chills		✓	✓
Headache		✓	✓
Muscle pain or body aches		✓	✓
Feeling tired or weak		✓	✓
Sore throat	✓	✓	✓
Runny or stuffy nose	✓	✓	✓
Sneezing	✓		
Cough	✓	✓	✓
Shortness of breath or difficulty breathing		✓	✓
Vomiting and diarrhea		✓	✓
Change in or loss of taste or smell			✓

Learn more at www.nia.nih.gov/flu
<https://www.nia.nih.gov/health/infographics/it-cold-flu-or-covid-19>

What is the new breakthrough drug for Alzheimer's?

Developed by Eisai, a pharmaceutical company in Tokyo, and biotechnology firm Biogen in Cambridge, Massachusetts, **LECANEMAB** is a monoclonal antibody designed to clear clumps of protein from the brain that many think are a root cause of Alzheimer's disease. Eisai, has already filed for “accelerated approval” with the US Food and Drug Administration. If all goes to plan, the drug could be licensed as early as January 2023. There are still important questions to be answered about this drug.



The Law Office of Sean W. Scott offers:

- Medicaid Application Processing
- Asset Preservation
- Wills, Trusts & Estates
- Legal Documents

Sean is offering **Free Medicaid Seminars** at the **Largo, Palm Harbor, and Seminole Libraries**. (Call the office for dates and times). The law office specializes in Crisis and Advanced Medicaid Planning. *For a free consult, call: (727)539-0181*
<http://www.virtuallawoffice.com/>

What are the 5 A's of Alzheimer's disease?

The risk of Alzheimer's increases with age and is most common in people over 65. The symptoms of Alzheimer's are commonly referred to as the 5 A's of Alzheimer's which include:

Amnesia: Memory loss that disrupts daily life.

Apraxia: Progressive deterioration of brain tissue important for speech and language.

Agnosia: Impairment of the ability to receive or correctly understand information from the senses of hearing, smell, taste, touch, and vision.

Aphasia: Loss of spoken language or speech comprehension, reading and writing abilities due to brain damage.

Anomia: Difficulty with word finding.



Light for the Journey - Courage for the Soul



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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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Family Meeting

Have THE Conversation with your parent – the Holidays are a perfect time to have that family meeting – even if it is via Zoom

Most people say that they do NOT want to be a burden to their children, yet they don't talk to their children about their wishes and aren't realistic about the future. As a parent, *give your children the gift* of being proactive and talking to them about your preferences. Whether your loved one is laying on the guilt or the blame is largely self-imposed, there's no point in letting it get to you.

You can't change the level of care they require, and you can't singlehandedly meet these needs.

Trying to keep a senior at home is commendable, but at some point, this becomes unsafe and unsustainable for both of you. **Elder self-neglect** occurs when an elderly person is no longer able to meet his or her basic daily needs. According to the [Elder Justice Act](#), elder self-neglect is defined as the "inability, due to physical or mental impairment or diminished capacity, to perform essential self-care." This would include an elder's inability to maintain his or her basic daily necessities such as food, clothing, shelter, or medical care, or to manage his or her financial affairs. Self-neglect occurs when a vulnerable individual fails to provide themselves with whatever is necessary to prevent physical harm, emotional harm, or pain resulting in the deterioration of their health, personal care

or living situation. Although elder self-neglect doesn't involve a third-party perpetrator, it's still considered a form of elder abuse that raises serious health and safety concerns. In fact, most reported cases of elder abuse involve elder self-neglect. Victims often do not report incidents due to their dependence on the perpetrator, feelings of fear, shame or guilt, diminished trust, financial hardship, or mental incapacity, among other reasons. In Florida elder self-neglect accounts for the majority of cases reported to Adult Protective Services. From a legal standpoint, the problems involved in these scenarios are very extensive and the issues are complicated. **All citizens are mandatory reporters of any suspected elder abuse – self-inflicted or otherwise.** Mandatory reporting means that anyone who knows or has reasonable cause to suspect that a vulnerable adult has been or is being abused, neglected, or exploited shall immediately report such knowledge or suspicion to the Abuse Hotline toll-free at 1-800-96-ABUSE (1-800-962-2873). A trained professional from Adult Protective Services will take your report and investigate. Your confidential report can help save an elder's life.



♥ 25 years of assisting caregivers ♥
DEMENTIA CAREGIVER RESOURCES, INC.
P.O. Box 7677 - Seminole, Florida 33775

Your donations make all the difference!
WE ALWAYS NEED USED INK CARTRIDGES



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