

# DEMENTIA CAREGIVER RESOURCES, INC.

HOPE HELP HEART  LIGHT GROWTH LOVE

Email: [drkaren@bookofhope.us](mailto:drkaren@bookofhope.us) to be added to the e-newsletter distribution list.

[www.dementiacaregiverresources.org](http://www.dementiacaregiverresources.org) A non-profit 501(c)(3) Organization

THE LATEST FACTOIDS, RESEARCH, TRIVIA AND INFORMATION "The Devil's in the Details"

## THE DEMENTIA DETAILS DISPATCH FEBRUARY 2013

### FEBRUARY 2013 SUPPORT GROUPS

Feb. 1 & 15 Grand Villa 9:30 AM  
Feb. 5 & 19 Grand Villa 6:00 PM  
750 Starkey Rd. Largo 727-586-0108  
Feb. 5 & 19 St. Mark Village 9:30 AM  
880 Highlands Blvd. Palm Harbor 727-785-2580  
Feb. 6 & 20 Bon Secours PL 6:00 PM  
10401 Roosevelt Blvd. St. Petersburg 727-563-9733  
Feb. 18 Seasons Memory 9:30 AM  
Cabot Cove 455 Belcher Rd. S Largo 727-282-5303

### March 2013 Support Groups

Mar. 1 & 15 Grand Villa 9:30 AM  
Mar. 5 & 19 St. Mark Village 9:30 AM  
Mar. 5 & 19 Grand Villa 6:00 PM  
Mar. 6 & 20 Bon Secours PL 6:00 PM  
Mar. 11 Seasons @ Cabot Cove 9:30 AM

  
Sean W. Scott  
Elder Law Attorney

### FREQUENTLY ASKED QUESTIONS ABOUT MEDICAID

Can I still give away \$13,000 a year? NO.  
This is considered a transfer. Many people mistakenly believe that because you can give away \$13,000 per person per year tax free that this is the same case with Medicaid. Unfortunately, it is NOT and the gift may affect your eligibility.

For more information call: 727.539.0181

Visit: <http://www.virtuallawoffice.com/>

DEMENTIA CAREGIVER RESOURCES, INC. will be participating in a **FALL PREVENTION EDUCATION** Event on **February 7<sup>th</sup>** from 2pm – 5pm at **Freedom Inn at Tarpon Springs** 1651 South Pinellas Ave. Lots of information, prizes and valet parking. RSVP: 727-934-1000



**WHAT ARE RESIDENT RIGHTS FOR SEXUAL EXPRESSION?** A 2012 study published in *The Journal of Medical Ethics* has revealed that specifically those residents with a form of dementia, were denied sexual relationships, which are considered by many to be a basic human right. Staff members are typically required to report any knowledge of a relationship. This is done so that management can be made aware, and the situation can be discussed with the families of the residents. Such discussions often disregard the wishes of the resident. The predominant attitude of the care and management staff at many long-term care communities may be a leading cause for the resistance toward sexuality. Elderly residents are often treated patronizingly by care workers, who see them as sexless or childlike. This mind-set, typical among members of the general public as well, is reflected in the term "ageism," defined as the negative view of aging people, a view that is common in Western societies. <http://blogs.einstein.yu.edu/?p=2091>



We recently lost a dear friend and long-time senior advocate, **RAY PARRI**, Elder Law Attorney. Ray was one of the founders of **Better Living for Seniors**, a professional organization that is affiliated with the Area Agency on Aging, that has served the senior population of Pasco and Pinellas counties for over 20 years. He will be greatly missed.

Member Organization of:



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### NEED HELP PAYING FOR PRESCRIPTIONS?

**NeedyMeds** is a 501(c)(3) non-profit information resource devoted to helping people in need find assistance programs to help them afford their medications and costs related to health care.

**Q:** What are patient assistance programs?

**A:** Programs called **PAPs (Patient Assistance Programs)** provide free or low-cost prescription medicine to low-income people who are uninsured or under-insured and meet the guidelines. Most medicines are provided by the pharmaceutical companies who manufacture the medicine.

**Q:** Am I eligible for a patient assistance program if I am on Medicare? What if I am enrolled in a Part D drug plan?

**A:** Yes, some of the PAPs will help if you are enrolled in Part D.

Visit: <http://www.needymeds.org/>

### RISK GENES FOR ALZHEIMER'S AND MENTAL ILLNESS LINKED TO BRAIN CHANGES AT BIRTH

Some brain changes that are found in adults with common gene variants linked to disorders such as Alzheimer's disease, schizophrenia, and autism can also be seen in the brain scans of newborns. "These results suggest that prenatal brain development may be a very important influence on psychiatric risk later in life," The study included 272 infants who received MRI scans at UNC Hospitals shortly after birth. The DNA of each was tested for 10 common variations in 7 genes that have been linked to brain structure in adults. These genes have also been implicated in conditions such as schizophrenia, bipolar disorder, autism, Alzheimer's disease, anxiety disorders and depression. Visit:

<http://www.ahaf.org/alzheimers/newsupdate/s/risk-genes-for-alzheimers.html>



### COCONUT OIL OFFERS HOPE FOR ANTIBIOTIC-RESISTANT GERMS

Antibiotics are not effective in treating viruses, but the lauric acid and monolaurin derived from coconut oil has been known to destroy viruses since at least the 1960s. One of the most serious and intractable medical problems facing doctors today is that of antibiotic-resistant infectious microorganisms, the so-called "superbugs." One example is MRSA (methicillin-resistant Staphylococcus aureus), now a common source of blood poisoning and infection in hospitals. Other examples of antibiotic-resistant infectious agents include Bacillus anthracis Sterne, virulent Escherichia coli, Klebsiella pneumoniae, Helicobacter pylori, and Mycobacterium terrae, viruses with lipid membranes, and a number of invasive fungi. For more information, please visit: <http://coconutoil.com/coconut-oil-offers-hope-for-antibiotic-resistant-germs/>

**ENHANCE THE DEMENTIA CAREGIVING JOURNEY! YOUR TAX DEDUCTIBLE DONATIONS ARE ALWAYS APPRECIATED TO ASSIST FELLOW CAREGIVERS! WE ALWAYS NEED USED INK CARTRIDGES!**

**THANK YOU to our FEBRUARY SPONSOR  
ARCADIA Home Care & Staffing**



**TINA COSTA – Operations Director  
727.579.9414 [tcosta@arcadiahealthcare.com](mailto:tcosta@arcadiahealthcare.com)  
"Keeping People at Home and Healthier Longer"**

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