DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH FEBRUARY 2019

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us

www.dementiacaregiverresources.org

FEBRUARY SUPPORT GROUPS

Feb. 5 - The Preserve at Clearwater 9:30AM 2010 Greenbriar Blvd. CLW (727)735-6200 Feb. 5 & 19 - Grand Villa - Largo 6:00 PM 750 Starkey Rd. Largo 33771 (727)586-0108

♣ MARCH SUPPORT GROUPS

March 5 - The Preserve Clearwater **9:30 AM**March 5 & 19 Grand Villa Largo **6:00 PM**

DEMENTIA CAREGIVER RESOURCES will be doing a special dementia education event on

"The Questions you did not know to ask" WHEN: TUESDAY – FEBRUARY 19, 2019

TIME: 1:30 - 3PM

WHERE: The Preserve at Clearwater

RSVP: (727) 735-6200



For 2019, we will focus on the many different kinds of dementia

CHRONIC TRAUMATIC ENCEPHALOPATHY (CTE)

is a degenerative brain disease found in athletes, military veterans, and others with a history of repetitive brain trauma. In CTE, a protein called Tau forms clumps that slowly spread throughout the brain, killing brain cells. CTE has been seen in people as young as 17, but symptoms do not generally begin appearing until years after the onset of head impacts. Early symptoms of CTE usually appear in a patient's late 20s or 30s, and affect a patient's mood and behavior. Some common changes seen include impulse control problems, aggression, depression, and paranoia.

Sean W. Scott

First Requirement for Medicaid Eligibility

This is the "Are you sick enough?" requirement. Medicaid requires that the applicant be unable to care for himself or herself without substantial assistance. What degree of care or level of care is substantial enough? The person must have an impairment or illness severe enough to limit his or her activities of daily living to a point where a nursing home is the only appropriate placement. For more information or to make an

appointment for a free consult, call or visit:
(727)**539-0181** http://www.virtuallawoffice.com/

IRS PUBLICATION 502 - Taxes & Deductions

This publication explains the itemized deduction for medical and dental expenses that you claim on Schedule A (Form 1040).

- It discusses what expenses, and whose expenses, you can and cannot include in figuring the deduction.
- It explains how to treat reimbursements and how to figure the deduction.
- This publication also explains how to treat impairment-related work expenses, health insurance premiums if you are selfemployed, and the health coverage tax credit that is available to certain individuals. https://www.irs.gov/forms-pubs/aboutpublication-502



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VETERAN INFORMATION

Last October the VA started reviewing not just current assets, but records from the previous three years when deciding a veteran's asset-based eligibility for VA Pension benefits -- commonly called Aid and Attendance (A&A) benefits. A&A helps veterans and their surviving spouses pay for in-home care, assisted living-, memory- or nursing care as well as medical supplies and medicines. These pension benefits are available to service members (who are older than 65) or their surviving spouses. → Additionally, the service member must have been honorably discharged after at least 90 days of service with at least one of those days during a wartime period.

Net worth includes assets in bank accounts, stocks, bonds and commercial or secondary property holdings. It will also include one year's *Income for VA Purposes* (IVAP), including disbursements from annuities or trusts. To calculate IVAP veterans and surviving spouses can deduct certain unreimbursed monthly care expenses, including skilled nursing, in-home care (even if provided by a non-spouse relative), assisted living costs, and long-term care and health insurance premiums.

Net worth does not generally include the veteran's primary residence or vehicle. However, the new rules stipulate that the residence exemption only applies to homes on two acres or less, unless the additional acreage is unmarketable because of zoning or access restrictions, for example.

Part D Enhanced Medication Therapy Management Model (MTM)

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Certain Part D plans in Arizona, Florida, Iowa, Louisiana, Minnesota, Montana, Nebraska, North Dakota, South Dakota, Virginia, and Wyoming are participating in a new test to determine if expanded MTM services can help improve health outcomes and reduce health care expenditures. This may result in recommendations that are shared with your doctor about unsafe or dangerous interactions and therapeutic alternatives.



At a certain point in life...
it may be time to accept that some
people are exhausting no matter
how hard we try to please them.

WE ALWAYS NEED USED INK CARTRIDGES

Can YOU make a difference with a Tax Deductible Donation? DCR, Inc. P.O. Box 7677 Seminole, FL 33775



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