

# DEMENTIA CAREGIVER RESOURCES, INC.

## THE DEMENTIA DETAILS DISPATCH FEBRUARY 2020

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us

www.dementiacaregiverresources.org

### ♥ FEBRUARY SUPPORT GROUPS

**FEB 4 & 18 - Grand Villa of Largo 6:00 PM**

750 Starkey Rd. Largo 33771 (727)586-0108



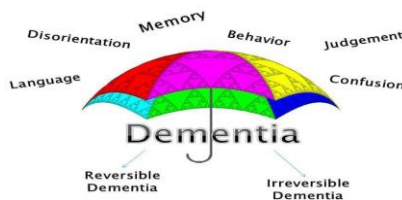
**♥ FEB 5 – Grand Villa of Clearwater 6:00PM**

2750 Drew St. (East of 19) (727)799-2177

### ♣ March Support Groups

**March 3 & 17 Grand Villa - Largo 6:00 PM**

**March 4 Grand Villa - Clearwater 6:00 PM**



### WHY EARLY DETECTION CAN BE DIFFICULT

Alzheimer's disease usually is not diagnosed in the early stages, even in people who visit their primary care doctors with memory complaints.

- People and their families generally under-report the symptoms.
- They may confuse them with normal signs of aging.
- The symptoms may emerge so gradually that the person affected doesn't recognize them.
- The person may be aware of some symptoms but go to great lengths to conceal them.

Recognizing symptoms early is crucial because medication to control symptoms is most effective in the early stages of the disease and early diagnosis allows the individual and his or her family members to plan for the future.

Sean W. Scott  
Elder Law Attorney

Use our **Florida Nursing Homes Map** to provide easy access to location and specific information on every nursing home in Florida. We designed the **ONLY** map showing all nursing home locations in the state of Florida. Plus, if you click on a specific nursing home marker you will immediately see all the contact information, web links, their survey results and star ratings. **\*\*Ratings by the Florida Agency for Healthcare Administration\*\*** Few of us have ever had to choose a nursing home or an assisted living facility. To help, we have dedicated staff ready to consult concerning placement options and care plans.

<https://www.virtuallawoffice.com/florida-nursing-homes-map/>

To make an appointment for a free consult, (727)539-0181

<http://www.virtuallawoffice.com/>

January 21, 2020

**The Centers for Medicare & Medicaid Services (CMS)** finalized a decision to cover **Acupuncture** for Medicare patients with chronic low back pain. CMS conducted evidence reviews and examined the coverage policies of private payers to inform today's decision. **It is covering 12 visits within 90 days and 20 visits total in a year.** <https://www.cms.gov/newsroom/press-releases/cms-finalizes-decision-cover-acupuncture-chronic-low-back-pain-medicare-beneficiaries>



Light for the Journey - Courage for the Soul

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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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**House Bill 449**, sponsored in the Senate by Senators Kelli Stargel (R-Lakeland) and Senator Audrey Gibson (D-Jacksonville), revised the membership of the **Alzheimer's disease Advisory Committee** and requires the Department of Elder Affairs (DOEA) to collect and report pertinent information on the impact of Alzheimer's disease in Florida. The bill, signed into law on June 27, 2019, requires the Committee to submit a report annually to the Governor and Legislature that includes information and recommendations on Alzheimer's disease policy, state-funded efforts relating to Alzheimer's disease, and updates to the Alzheimer's disease state plan. The legislation also requires the DOEA to update the Alzheimer's disease state plan triennially beginning on or before November 1, 2020, and establishes a memory disorder clinic at Miami Jewish Health Systems. For more information, please visit <http://www.flsenate.gov/>

**CODE of ETHICS** Current statistics show that the majority of elder care is provided by families and other members of an elder's informal social network. Proximity is also a component in caregiving. The closer one is geographically to a loved one, the more likely he or she will become the caregiver. Personal values derived from one's faith or spiritual practices may lead a person to feel called to provide care. Moral decision making based on humanistic values such as, "Everyone has the right to stay at home if they choose no matter what," may encourage a person to become a caregiver. Wherever the imperative is coming from, the role of the caregiver is intimately linked to that person's code of ethics and the way in which the person chooses to act in his or her own life.

### WHEN IS IT TIME TO SAY "NO"?

How does a caregiver know when he or she can no longer manage the daily caregiving routines and planning responsibilities? What signals alert the caregiver that he or she is in trouble of getting lost in caregiving? Can a caregiver who cherishes a loved one set limits on responsibilities without feeling guilty or morally bankrupt? These are questions at the heart of successful, long-term caregiving. Unfortunately, for most caregivers, these questions do not arise until they are feeling overwhelmed and depleted. ASK FOR HELP!

We welcome our 2020 newsletter sponsor: **Touching Hearts at Home.**



We start by listening to your unique needs. Then we'll customize a plan of care with our trained caregivers who understand your personal needs and lifestyle.

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- Light Housekeeping
- Memory Care
- Laundry & Linens
- Medication Reminders
- Transportation
- Shopping & Errands
- Meal Preparation

Call us: (727) 262-1212  
[www.touchinghearts.com/swpinellas](http://www.touchinghearts.com/swpinellas)

**Donations are always appreciated!**

**Dementia Caregiver Resources, Inc.**

**P.O. Box 7677**

**Seminole, FL 33775**

**WE ALWAYS NEED USED INK CARTRIDGES**



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