DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH FEBRUARY 2024

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

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SUPPORT GROUPS

How do I start to take care of myself again? Join us to find solutions & comfort in knowing you are not alone on this journey.

Bay Wood

Senior Living BAY WOOD SENIOR LIVING

→ Thursday February 8th 10:30AM - Noon 8980 - 49th Street N. Pinellas Park 33782 (727) **546-4053** or sales@baywoodsl.com



→ Thursday February 8th 2:00-3:30PM 6280 Central Ave. St. Petersburg, FL 33707 (727)513-6922

Rebecca.Weitzel@wentworthcentralavenue.com

OAKS of Clearwater → Monday February 12th 3:30-4:30PM 420 Bay Ave. (727) 445-4788 Anita M. actdir@clearwateroaks.org



PACIFICA Belleair

→ Tuesday February 13th - 2:00PM-3:30PM 620 Belleair Road - Clearwater, FL 33756 (727) 467-9464 ad.belleair@pacificaseniorliving.com

Aravilla ARAVILLA Clearwater → Tuesday - February 13th 4:30- 5:30PM 3055 Union St. (727) 260-2826 A.murphy@aravillaclearwater.com

The INN at FREEDOM SQUARE → Wednesday February 14th - 1:30PM-3PM 10801 Johnson Blvd. - Seminole 33772

RSVP: Eric Kane (727) 398-0363 kaneeric@freedomsquarefl.com



The Law Office of Sean W. Scott

Assists families across the state of Florida with estate and incapacity planning, longterm care, probate, trusts, Medicaid benefits, veterans' benefits, and other legal issues related to the aging process. Attend a FREE Seminar in February: FRIDAY February 2nd – 2:30PM Largo Library MONDAY February 5th – 2PM Seminole Library TUESDAY February 6th – 2PM Palm Harbor Library For a free consult, call: (727)539-0181 http://www.virtuallawoffice.com/

The IRS has a \$17,000 per year gifting limit (2023) and is based upon the federal estate and gift tax. The reality is that giving away assets within five years of applying for Medicaid for you or your loved one may have unforeseen consequences. It is always best to consult with your Elder Law attorney before you make a gift.

ACCEL

There are many clinical trials going on nationally and locally. Accel has free Alzheimer's screenings, dementia, mild cognitive impairment, PTSD, and Long-Covid studies to name a few current studies. Clinical trials are at the core of medical advancements. These trials help develop new treatment, prevention, or detection strategies, which means improving healthcare and quality of life for persons affected by diseases or health conditions. There are research sites locally. St. Pete/Largo - Bardmoor Area (727)347-8839 8250 Bryan Dairy Road – Largo, Florida 33777 https://accelresearchsites.com/find-a-trial/



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POSTERIOR CORTICAL ATROPHY (PCA)

PCA overwhelmingly predicts Alzheimer's, researchers have found. Some 94% of the PCA patients in a recent study had Alzheimer's pathology and the remaining 6% had conditions like Lewy body disease and frontotemporal lobar degeneration. In contrast, other studies show that 70% of patients with memory loss have Alzheimer's pathology. Unlike memory issues, patients with PCA often struggle with judging distances, distinguishing between moving and stationary objects, and completing tasks like writing, and retrieving a dropped item despite a normal eye exam. Most patients with PCA have normal cognition early on, but by the time of their first diagnostic visit, an average of 3.8 years after symptom onset, mild or moderate dementia was apparent with deficits identified in memory, executive function, behavior, and speech and language. Most patients see their optometrist when they start experiencing visual symptoms and may be referred to an ophthalmologist who may also fail to recognize PCA. Better tools in clinical settings may be the next step to identify and help these patients early on.



◆ 25+ years of assisting caregivers
 ◆ DEMENTIA CAREGIVER RESOURCES, INC.
 P.O. Box 7677 - Seminole, Florida 33775

Your donations make all the difference!
WE ALWAYS NEED USED INK CARTRIDGES

According to the NATIONAL INSTITUTE on AGING:

"Many people who are developing or have dementia **do not** receive a diagnosis."

- → One study showed that physicians were unaware of cognitive impairment in more than 40% of their cognitively impaired patients.
- → Another study found that **more than 50%** of patients with dementia had <u>not</u> received a clinical cognitive evaluation.
- → Among primary care physicians, more than 55% would hesitate to inform their patient that they suspected they have a form of dementia. This statistic contrasts sharply with over 90% of people with breast cancer, colorectal cancer, lung cancer or prostate cancer who had been told of their diagnosis. There are 17 Memory Disorder Clinics in Florida: https://elderaffairs.org/wp-content/uploads/2022-MDC-Map.pdf

We have several NEW and Ongoing Support

Groups. The need is increasing constantly, and when you find the right group, and make new friends with people who truly understand what you are going through, it is not so lonely anymore. You have been validated in your anger at the disease, and often find solutions to deal with unwanted behaviors and personal care needs. Join us! We would love to meet you! See first page for Dates, Places & Times.





 ${f 7}$ Light for the Journey - Courage for the Soul ${f 7}$

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