

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH JANUARY 2023

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

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www.dementiacaregiverresources.org



SUPPORT GROUPS

We will resume the groups soon. The holiday gatherings brought a resurgence of respiratory issues. When it is safe to gather again, we promise to send out a message. Please e-mail Karen if you need info or have a crisis situation.

Alzheimer's disease is a leading cause of death in the United States. It's important to distinguish the facts from the myths about Alzheimer's. **Common myths include:**

- **Alzheimer's and dementia are the same thing.** People often use the terms "Alzheimer's disease" and "dementia" interchangeably, but there is a difference. Dementia refers to impaired memory, thinking, reasoning, and behavior, and *Alzheimer's is just one type of dementia.*

I will develop Alzheimer's if my parent has it. A person's chance of developing Alzheimer's is higher if they have certain genetic variants passed down from a parent. However, just because a biological parent has Alzheimer's does not mean that their children will develop it.

- **Alzheimer's disease symptoms are normal as we get older.** Many people become more forgetful as they age, and some forgetfulness is normal. However, the signs and symptoms of Alzheimer's are not a normal part of aging. *For more info, visit:* <https://www.nia.nih.gov/health/alzheimers>



The Law Office of Sean W. Scott offers:

- Medicaid Application Processing
- Asset Preservation
- Wills, Trusts & Estates
- Legal Documents

We help clients through all aspects of the aging process including estate and incapacity planning, probate and trust administration and Medicaid qualification to help preserve their assets when facing a stay in a nursing home or assisted living facility.

For a free consult, call: (727)539-0181

<http://www.virtuallawoffice.com/>

Required Minimum Distributions (RMDs) are the minimum amounts a retirement plan account owner **must** take out each year. RMDs begin when a person reaches either age 72, (70½ if they reached this age before January 1, 2020), or the year in which a person retires (if after age 72). It is the responsibility of each retiree to take out the correct RMD from their retirement account each year. If a retiree does not do so, they can face penalties. Furthermore, upon a person's death, there are special rules regarding how the remaining funds must be distributed to beneficiaries. See your financial planner, Elder Law Attorney, and visit AARP for a free online RMD calculator: <https://www.aarp.org/>



Light for the Journey - Courage for the Soul



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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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FDA APPROVES DaTscan for DEMENTIA with LEWY BODIES

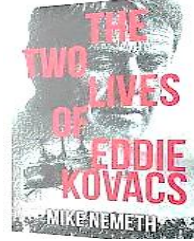
GE Healthcare recently announced the U.S. Food and Drug Administration (FDA) granted marketing approval for its imaging agent, DaTscan, for use in people with suspected dementia with Lewy bodies (DLB). DaTscan is an agent used during imaging scan called single photon emission computed tomography or SPECT and can help differentiate between DLB, Alzheimer's disease and other forms of dementia. DLB can mimic Alzheimer's disease and is missed as a diagnosis in up to 70% of dementia cases. Yet, LEWY BODY affects one in five living people living with dementia, making it the second most common type of progressive dementia after Alzheimer's disease. DaTscan has been approved by the European Union for years for DLB, but until now had been previously approved by the FDA to differentiate between essential tremor and Parkinson's disease.

ASK FOR HELP –

it is NOT a sign of WEAKNESS



You can't change the level of care your Loved One requires, and you can't singlehandedly meet these needs.



My cousin Mike Nemeth writes a lot of books. In his latest published book, (The Two Lives of Eddie Kovacs), he wrote this: **Acknowledgement:** "I owe a debt of thanks to my cousin, Karen Truman, PhD. For all the insight into the workings of an assisted living facility and therapies for Alzheimer's disease. Dr. Truman trains caregivers and writes books about the subject from her home in Florida."



If your Assisted Living Community or Home Health Agency needs the state mandated Alzheimer's staff trainings, I have brand new USF approved curriculums. I am also an AHCA CORE trainer and offer classes in-person and on Zoom. Please contact Karen for more info: drkaren@bookofhope.us



♥ 25 years of assisting caregivers ♥

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P.O. Box 7677 - Seminole, Florida 33775

Your donations make all the difference!

WE ALWAYS NEED USED INK CARTRIDGES



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