Dementia Caregiver Resources, Onc.

THE DEMENTIA DETAILS DISPATCH JULY 2015

THE LATEST FACTOIDS, RESEARCH, TRIVIA AND INFORMATION

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

Member Organization of:



JULY SUPPORT GROUPS

 July 1 Bon Secours Place
 6:00 PM

 10401 Roosevelt Blvd. St. Pete
 (727)563-9733

 July 3 & 17 Grand Villa Largo
 9:30 AM

 750 Starkey Rd. Largo
 (727)586-0108

 July 7 & 21 St. Mark Village
 9:00 AM

 2655 Nebraska Ave. Palm Harbor
 (727)785-2580

 July 7 & 21 Grand Villa Largo
 6:00 PM

July 15 6:00 PM

INSPIRED LIVING AT IVY RIDGE (727)490-3233 7179 40th Ave North -St. Petersburg, FL 33709

AUGUST SUPPORT GROUPS

AUG 4 & 18 St. Mark Village 9:00 AM
AUG 4 & 18 Grand Villa Largo 6:00 PM
AUG 7 & 21 Grand Villa Largo 9:30 AM
AUG 19 Inspired Living at Ivy Ridge 6:00 PM

SUPPORT GROUP NEWS



Will be sponsoring our newest monthly support group starting July 15th at 6:00PM at **INSPIRED LIVING AT IVY RIDGE**. **THE BON SECOURS PLACE GROUP** will be suspended after the Wed. July 1st meeting.

We are planning a BSP family "Meet & Greet" some time this fall.

FRANKLIN'S DEMENTIA PREVENTION TIP Drug Store

As we age and our infirmities mount, doctors may add more medications to treat our ailments. Regrettably, over time, these meds can build up in our brain and cause memory problems, affect concentration and may alter our judgement and decision making ability. This is not the kind of "drug store" we need. Check with your doctor to see if you really need all of those prescriptions, and do not be afraid to ask WHY they are needed.



Recently one of our caregivers had a month long hospital stay in and out of intensive care. When he was finally well enough to speak on the phone, he said that this scared him into thinking he probably needed to update his legal paperwork. We located his file and it was in dire need of attention, since it had not been updated since 2002! He still had his wife listed as the beneficiary and she had passed over six years ago. Please make sure you review all of your paperwork. The durable power of attorney is the most important document to keep updated and should be updated every five to six years. For more information, call: (727)539-0181 http://www.virtuallawoffice.com/

Our friend Gary LeBlanc was on the cover and featured in PARADE Magazine on June 21, 2015! He is the founder of the Alzheimer's/Dementia Hospital Wristband *Project*, currently being piloted at Brooksville Regional Hospital in Hernando County, Florida. Inspiration for the program came through his own experience as his father's primary caregiver and hospital stays he characterizes as "complete nightmares." The fact is, patients are not always identified as memory-impaired, and even when they are, hospital staff rarely has the training required to understand their unique needs. The wristband project ensures that upon admission, patients with a prior dementia diagnosis have a Purple Angel added to their standard issue hospital wristband. A second Purple Angel is placed on their door so that anyone entering is immediately alerted to their condition and knows they should approach the patient with this in mind. The Purple Angel logo is an internationally accepted symbol for Alzheimer's awareness.



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DID YOU?

The hope that

Alzheimer's will one day be curable has in recent years faded to a flicker as successive clinical trials ended in failure after failure. Between 2002 and 2012, 99.6% (there were over 100 clinical studies conducted according to the NIH) of drugs studies aimed at preventing, curing or improving Alzheimer's symptoms were either halted or discontinued. The failure of so many trials, at astronomical financial cost, sent researchers back to the drawing board. To cure Alzheimer's, we will first need to figure out why some of us are unlucky enough to get it.



"The only drugs that work, are the ones that patients can afford" --- 6/21/2015 "60 Minutes





WE ALWAYS NEED USED INK CARTRIDGES!

CAN YOU MAKE A TAX DEDUCTIBLE DONATION?

We would so appreciate your support!

Have you attended support groups?

Making a donation "In Honor of" or "In Memory of" your loved one will make a huge difference.

DEMENTIA CAREGIVER RESOURCES, INC. PO BOX 7677 - Seminole, FL 33775

HOW TO CHOOSE A HOME HEALTH COMPANY

Tina Costa with **Arcadia Home Care and Staffing** recently gave a talk on how to choose the best home health care company for you. These are some of the important things that I took away from this educational event:

Did you know that when you hire someone not with an agency -- you are responsible for taxes, insurance, and to make sure they have a current CPR certificate, have had a TB test and a recent physical, and have a background check performed? Do you have worker's compensation if they get hurt on the job? The other HUGE item I took away is that we hear from families everyday who want to keep their Loved One at home as long as possible. We get that. We applaud that. But how realistic is it if you have not planned for that home care? Do they have long-term care insurance that may pay for a certain amount of care for up to a year or two? Now what happens? The payments to a home health care company will have to come out of available resources. Home health care costs can range from \$15-22 per hour. That adds up FAST and can be unrealistic for the average family living on a fixed income.

THANK YOU to our **JULY SPONSOR ARCADIA** Home Care & Staffing



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"Keeping People at Home and Healthier Longer"



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