

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH JULY 2025

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us <http://www.dcrinc.org/>

JULY SUPPORT GROUPS

JUST KNOW you are not alone.



ARAVILLA Clearwater

→ **Tuesday JULY 8th - 1:30 - 2:45PM**

3055 Union St. 33759 (727)260-2826

j.pham@aravillaclearwater.com



The INN at FREEDOM SQUARE (3rd Floor)

→ **Wednesday JULY 9th - 1:30PM-3:15 PM**

10801 Johnson Blvd. - Seminole 33772

(727)398-0363

damigodeana@freedomssquarefl.com



Room #607

→ **Monday JULY 14th - 2:30 - 3:45PM**

420 Bay Ave. Clearwater (727)445-4788

Anita M. actdir@clearwatoaks.org

MISSING TEETH and DEMENTIA

There are so many reasons to visit your dentist and continue to make sure your Loved One also has those check-ups. AARP magazine has a wonderful article on this very important subject and how much it affects your short and long-term health. Missing teeth are associated with a higher risk of heart disease, cancer, and **dementia**! Gum disease is associated with diabetes, heart and lung disease, rheumatoid arthritis and certain kinds of cancer. Flossing, brushing, rinsing, and fixing problems early on are the key to prevention.

<https://www.aarp.org/publications/magazines/aarp-the-magazine-june-july-2025/>



COMPASSIONATE ADVOCACY AND COMPREHENSIVE SERVICES

We're committed to fully learning the challenges faced by you and your loved one.

FREE Medicaid SEMINARS

at these Pinellas Libraries

Monday JULY 7th Seminole 2:00PM

Tuesday JULY 8th Palm Harbor 2:00PM

Friday JULY 11th Largo 2:30PM

For a free consultation, call: (727)539-0181

Visit: <http://www.virtuallawoffice.com/>

COMPLIANCE with EMERGENCY FOOD SUPPLIES

ALF's in Florida have to have an emergency supply of foods that are sufficient to meet the dietary guidelines for their residents. Does the community have a plan in place for obtaining water (1 gallon per person per day)? Are the required USDA Guidelines supplies on hand for daily servings of protein, vegetables, bread/starch, and dairy? When was the last time your Loved One had their nutritional menu looked over and updated? The primary care doctor should be the one to make recommendations and updates to be followed and adhered to by the person in charge of the meal service in the facility.

The laws also state that an ALF must weigh a resident when they are first admitted to the ALF and then every six months.

<https://www.fns.usda.gov/cnpp/dietary-guidelines-americans>

Light for the Journey - Courage for the Soul

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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dcrinc.org/). Registration does not imply endorsement, approval, or recommendation by the state.

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FAMOUS PERSONS HAVE PROBLEMS TOO

Did you know that about two-thirds of patients with brain aneurysms are women? **Sharon Stone** went from feeling unwell to waking up in a hospital with **bleeding in her brain**. It took months for her to regain feeling in her left leg and years for her vision to return to normal. She also experienced speech issues, including **aphasia** and then an on-going stutter.

Wendy Williams after undergoing a battery of medical tests, was officially diagnosed with primary progressive aphasia and frontotemporal dementia (FTD) and Alcohol-related brain damage dementia. Williams's dementia had caused her to "become cognitively impaired, permanently disabled, and legally incapacitated. Other celebrities who have battled alcoholism include Ben Affleck, (who has been open about his multiple rehab stints and journey to sobriety), Robert Downey Jr., Bradley Cooper, and Drew Barrymore.

New Research has shown that beta-amyloid is produced from a "parent protein" in two steps performed by different enzymes. Several experimental medicines aim to block the activity of these enzymes. They're known as beta- and gamma-secretase inhibitors. Recent studies showed that the beta-secretase inhibitors did not slow cognitive decline. They also were associated with significant side effects in those with mild or moderate Alzheimer's. This has decreased enthusiasm for these medicines.

"Dementia is a collective problem – a burden that directly or indirectly touches everyone. We need to stop treating caregiving like an invisible burden. We need to prepare families before they are in crisis. We need healthcare systems that listen to caregivers, not dismiss them. And we need to treat dementia for what it is: a terminal illness that demands early, honest conversations, and real support."

... Francesca Falzarano, PhD

Happy 4th of July



Your donations make all the difference!
WE ALWAYS NEED USED INK CARTRIDGES



♥ 28+ years of assisting caregivers ♥
DEMENTIA CAREGIVER RESOURCES, INC.
P.O. Box 7677 - Seminole, Florida 33775

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