

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH JUNE 2022

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us

www.dementiacaregiverresources.org



SUPPORT GROUPS

If you would like to attend support groups, (for current caregivers) please make sure to RSVP to the community the day before to let them know you are attending.

The INN at FREEDOM SQUARE

Wednesday JUNE 8th 1:30PM

10801 Johnson Blvd. Seminole 33772

RSVP: Marsha Thompson (727)398-0324

thompsonmarsha@freedomsquarefl.com

ARAVILLA Clearwater Memory Care

Thursday JUNE 9th 10:15AM

3055 Union St. Clearwater (727) 260-2826

RSVP: Traci: t.dacey@aravillaclearwater.com

Grand Villa Largo

Tuesday JUNE 14th – 1:30PM

750 Starkey Rd. - Largo, FL 33771

RSVP: (727) 586-0108

Grand Villa of Clearwater

Tuesday JUNE 21st 5:30PM

2750 Drew St. Clearwater, FL 33759

(727) 799-2177 ed.cle@grandvillasenior.net



MEDICAL APPOINTMENTS & ADVOCATES -

An advocate is someone who is there to support the patient, ask questions, and take notes of what is discussed. It is usually impossible for a person with serious memory problems to later share with family what happened during an appointment – so an advocate is vital. An advocate will ensure that the appt. did actually take place, and the advice is being followed up in an appropriate manner.



Light for the Journey - Courage for the Soul



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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

Sean W. Scott
Elder Law Attorney

Sean is offering **Free Medicaid Seminars** over the summer at the following locations

Friday - **JUNE 3rd** - Largo Library 2:30-4:30PM

Tuesday **JULY 5th** – Palm Harbor Library 2-4PM

Monday **AUGUST 1st** - Seminole Library 2-4PM

The law office specializes in Crisis and Advanced Medicaid Planning. Virtual office everywhere!

For a free consult, call: (727)539-0181

<http://www.virtuallawoffice.com/>



FIRESIDE CHATS

The Alzheimer's Foundation of America

An eight-part educational and informational web series designed to raise awareness about Alzheimer's and related dementias, the symptoms associated with these diseases, healthcare disparities, and resources available to help. Each episode features a topical discussion with AFA's President & CEO and an expert from AFA's Medical, Scientific, and Memory Screening Advisory Board. All programs are free and open to family caregivers, professionals, clinicians, and anyone else who wants to learn more.

[Episode 5 \(June 10\): Cultural Disparities](#)

[Episode 6 \(June 23\): Healthcare Disparities for Veterans](#)

[Episode 7 \(July 7\): Healthcare Disparities for Women](#)

Past episodes:

[Episode 1 \(March 18\): Introduction to Neuropsychiatric Symptoms](#)

[Episode 2 \(March 31\): Agitation & Psychosis](#)

[Episode 3 \(April 12\): Depression & Sleep Problems](#)

[Episode 4 \(April 27\): Neuropsychiatric Symptoms-A Caregiver's Perspective](#)

For more info & to register call: 1-866-232-8484

Or visit: <https://alzfdn.org/firesidechat/>

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We are so excited to share that for the month of **June 2022**, **DEMENTIA CAREGIVER RESOURCES, INC.** will receive a \$1 donation from each purchase of the \$2.99 reusable **Community Bags Program ONLY** at these two locations:

Winn-Dixie 8740 Park Blvd. Seminole

Winn-Dixie 12975 Park Blvd. Seminole

Questions to ask about Genetic Testing from Brain & Life Magazine

Before you have genetic testing, **gather as much information as you can about your family's medical history**. Then, talk with your doctor or a genetic counselor about your personal and family medical history to better understand your risk.

1. Why do I want to know?
2. Is a specific genetic therapy or treatment available?
3. How will this information affect the rest of my family?
4. Should I see a genetic counselor?
5. What else can I do with the information I receive from testing?
6. What about costs?

See this article for more information:

<https://www.brainandlife.org/articles/8-questions-to-ask-before-genetic-testing>



We are celebrating our 25th year
of assisting caregivers ♥

DEMENTIA CAREGIVER RESOURCES, INC.

P.O. Box 7677 - Seminole, Florida 33775

WOUND CARE and PROTEIN - We've all had a cut, scratch or scrape that breaks the skin. Most wounds on healthy people heal quickly when kept clean and free of infection, while other types of wounds are more serious and require medical intervention. Serious wounds may include decubitus ulcers, also known as pressure sores or bed sores. These ulcers develop where bones are close to the skin, such as ankles, back, elbows, heels, and hips. Persons who are bedridden, who use a wheelchair or are unable to change their position are at a higher risk of getting these wounds, and people with diabetes also can develop foot ulcers that can take a long time to heal. Nutritional problems are common in persons with dementia, and they often are not making good food choices. We may need to supplement their diets with more healthful foods that help with recovery by providing the calories, fluids, vitamins, minerals, zinc, and **protein** necessary to promote healing. The best source of these nutrients includes lean meat, poultry, and fish, fruits, vegetables, dairy, and grains. A serving is about 3 ounces.



<https://www.morethanmemoryloss.com>

"You can't please everybody all the time. I worry too much about that... All you can do as an adult is make sure you have a handful of people around you that you love and truly wish you well." **Jean Smart**

Your donations make all the difference
WE ALWAYS NEED USED INK CARTRIDGES



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