DEMENTIA CAREGIVER RESOURCES, INC.

HOPE ♥ HELP ♥ HEART 7 LIGHT ♥GROWTH ♥ LOVE

Email: drkaren@bookofhope.us to be added to the e-newsletter distribution list.

www.dementiacaregiverresources.org A non-profit 501(c)(3) Organization

THE LATEST FACTOIDS, RESEARCH, TRIVIA AND INFORMATION "The Devil's in the Details"

THE DEMENTIA DETAILS DISPATCH MAY 2012

MAY 2012 SUPPORT GROUPS

May 1 & 15 St. Mark Village 9:30 **AM**May 1 & 15 Grand Villa 6:00 **PM**May 2 & 16 Bon Secours PL 6:00 **PM**May 4 & 18 Grand Villa 9:30 **AM**

June 2012 Support Groups

June 1 & 15 Grand Villa 9:30 AM
June 5 & 19 St. Mark Village 9:30 AM
June 5 & 19 Grand Villa 6:00 PM
June 6 & 20 Bon Secours PL 6:00 PM



TOP TEN MEDICAID ELIGIBILITY MISTAKES

A lot of people have a basic misunderstanding of Medicaid benefits, qualifications and planning. This is the second in the series of the top ten.

2. Not understanding the differences in state laws. There are differences among the state laws regarding Medicaid planning rules. Florida law provides unique opportunities not available elsewhere. For more information *call*: 727.539.0181 *Visit*: http://www.virtuallawoffice.com/



Why do we close our eyes when we pray? When we cry? When we dream? Or when we kiss? Because we know that the most beautiful things in life are not seen, but felt by the heart --- UNKNOWN



Assisted Living Today Magazine recently asked 20 renowned **Memory Care Experts** (including Karen!) 3 questions about Alzheimer's and Caregiving. Read the questions and answers at "The Caregiver's Guide to Alzheimer's Disease" http://assistedlivingtoday.com/2012/04/caregivers-guide-to-alzheimers-disease/
A PDF version of this guide will be posted



soon on our website.

NEW GPS LOCATOR DEVICE TO HELP TRACK WANDERERS Directly addressing the major and life-threatening issue of wandering among individuals with Alzheimer's disease, the Alzheimer's Foundation of America (AFA) and Breadcrumb L.L.C. announced a state-of-the-art locator device and caregiver-friendly monitoring system. The BC300 is strapped comfortably around a person's ankle with a heavy-duty band. This new tracking device is designed specifically for the dementia population and aimed at immediately and precisely pinpointing a person's whereabouts. The system is complete with an adapter, charging station, USB cable, rechargeable batteries, attachment bands, and an instructional DVD.

Call **866-AFA-8484** or Visit: www.alzfdn.org or www.breadcrumbgps.com



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We are often asked if sibling relationships suffer when a parent has dementia. Everyone has an opinion about the hard decisions they are suddenly faced with. Each family member may experience feelings of anticipatory grief and loss over the situation in their own way and in their own time. Some may feel anger or resentment; some may seek information and support; others can remain in denial. There may be strong emotional conflicts and anger. Yet, sometimes on this journey families come to a place where they say the disease has brought them closer than ever. After all the emergency and drama has ceased and new information has filtered in and the situation has settled down...now may be the time to reflect on the decisions made and see the big picture more clearly. Apologize if you were the one who caused more grief and issues. Tell your siblings that everyone did the best they could with the information they had at the time. Offer ideas on how you can help. Healing takes



PARENTING A SECOND TIME AROUND P.A.S.T.A. Support Group

time, but let the peace begin with you.

Caring for a grandchild is a rewarding but stressful task. Finding others who understand your experiences can be a great relief. Contact: Linda Burhans, Caregiver Advocate at *Harmony Home Health* for more information (727) 723-7532.



PSEUDOBULBAR AFFECT (PBA) occurs secondary to traumatic brain injury or neurologic conditions such as dementia, multiple sclerosis (MS), amyotrophic lateral sclerosis (ALS), and stroke. Also known as emotional incontinence, it is characterized by sudden outbursts of involuntary crying and/or laughing that can cause anxiety and embarrassment in public settings. It is the result of a short circuit in the areas of the brain that control emotional expression. This causes exaggerated and sudden crying or laughing episodes. The FDA has approved a medication called Nuedexta, an important milestone for people living with PBA, an under-recognized and debilitating neurologic condition.

Visit: http://www.pbainfo.org/

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Enhance the Dementia Caregiving Journey! Your tax deductable donations can now be made with a credit card on our website!

WE ALWAYS NEED USED INK CARTRIDGES!

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