

DEMENTIA CAREGIVER RESOURCES, INC.

HOPE ♥ HELP ♥ HEART  LIGHT ♥ GROWTH ♥ LOVE

E-mail: karenkarle@knology.net to be added to e-newsletter distribution list.

www.dementiacaregiverresources.org

THE LATEST FACTOIDS, RESEARCH, TRIVIA AND INFORMATION "The Devil's in the Details"

THE DEMENTIA DETAILS DISPATCH March 2011

March Support Groups

March 1 & 15 St. Mark Village 9:30 AM
March 1 & 15 Grand Villa 6:00 PM
March 2 & 16 Bon Secours PL 6:00 PM
March 4 & 18 Grand Villa 9:30 AM
March 8 Brentwood ALF 10:00AM
March 8 & 22 Villas of Belleair 1:00 PM
March 29th Villas of Belleair 10am-1pm
3rd Expert Panel Symposium - Free

April Support Groups

April 1 & 15 Grand Villa 9:30 AM
April 5 & 19 St. Mark Village 9:30 AM
April 5 & 19 Grand Villa 6:00 PM
April 6 & 20 Bon Secours PL 6:00 PM
April 12 Brentwood ALF 10:00AM
April 12 & 26 Villas of Belleair 1:00 PM



THE VILLAS OF BELLEAIR

Presents the 3rd in Our Series

Alzheimer's and Related Dementias

EXPERT PANEL SYMPOSIUM

Tuesday March 29, 2011 - 10:00AM-1:00PM

Light Lunch Provided-RSVP (727) **467-9464**

This special event will be facilitated by

Karen (Karle) Truman, Ph.D.



Mumbai, India- 02/03/2011


Sun Pharmaceutical Industries Ltd.

announced that USFDA has granted its subsidiary an approval for an Abbreviated New Drug Application (ANDA) to market a generic version of **Razadyne® ER**, galantamine hydrobromide extended-release capsules. These generic galantamine hydrobromide extended-release capsules, 8 mg (base), 16 mg (base) and 24 mg (base) are indicated in the treatment of mild to moderate dementia of the Alzheimer's type.

Source: <http://www.sunpharma.com/>



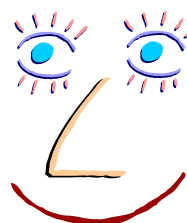
CONGRATULATIONS TO THE ALZHEIMER'S FOUNDATION OF AMERICA (AFA)

The AFA received the highest rating  four-stars in December, 2010 from **Charity Navigator**, the nation's largest independent evaluator of charitable organizations. According to Charity Navigator, *its four-star rating designates that AFA exceeds industry standards and outperforms most charities in its cause.* Eric J. Hall, AFA's president and chief executive officer stated: "The Alzheimer's Foundation of America is committed to maximizing dollars spent on *programs and services* to ensure that families nationwide receive the help they need now and in the future." AFA is also an accredited charity by the Better Business Bureau; and a recipient of the "**Best in America**" seal of excellence from Independent Charities of America.



Note: Dementia Caregiver Resources, Inc. is a Member Organization of AFA.

HAPPY ST. PATRICK'S DAY



*A smile is the LIGHT
In the window of your face
That tells people you're at home.
---UNKNOWN*

Member Organization of:



322 Eighth Ave, 7th Floor ♥ New York, NY 10001 ♥ 1.866.AFA.8484

DEMENTIA CAREGIVER RESOURCES, INC.

HOPE ♥ HELP ♥ HEART  LIGHT ♥ GROWTH ♥ LOVE

E-mail: karenkarle@knology.net to be added to e-newsletter distribution list.

www.dementiacaregiverresources.org

THE LATEST FACTOIDS, RESEARCH, TRIVIA AND INFORMATION "The Devil's in the Details"

THE DEMENTIA DETAILS DISPATCH March 2011



DRIVING HABITS and SAFETY CHECKS

As we age, we need to make sure we are driving safely to protect everyone on the road. Check to see if there are any problems or concerns due to:

- ⇒ Physical Limitations & Changes
- ⇒ Vision
- ⇒ Reaction Time
- ⇒ Health
- ⇒ Medications

Make sure you and your Loved Ones are driving safe. When the last time they had a safety check (i.e.: oil, fluids, belts, hoses, tires, etc.) or an eye exam. You may be surprised at how long it has been. You can download this free publication from the Hartford Insurance Company:

AT THE CROSSROADS - Family Conversations about Alzheimer's Disease, Dementia & Driving Visit:

<http://hartfordauto.thehartford.com/UI/Downloads/Crossroads.pdf>



EAT THOSE BERRIES

New research shows men and women who regularly eat berries may have a lower risk of developing Parkinson's disease, while men may also further lower their risk by regularly eating apples, oranges and other sources rich in dietary components called flavonoids. Flavonoids are found in plants and fruits and are also known collectively as vitamin P and citrin. They can also be found in berry fruits, chocolate, and citrus fruits such as grapefruit. They also analyzed consumption of five major sources of foods rich in flavonoids: tea, berries, apples, red wine and oranges or orange juice...

Source: <http://www.newswise.com>



ADULT ADHD INCREASES RISK OF COMMON DEMENTIA

Adults who suffer from attention-deficit and hyperactivity disorder (ADHD) are more than three times as likely to develop a common form of degenerative dementia. Researchers from Argentina confirmed the link in a study of 360 patients with degenerative dementia (Dementia with Lewy bodies (DLB) and Alzheimer's) and 149 healthy controls. "Our study showed that 48 per cent of patients with DLB - the second most common cause of degenerative dementia in the elderly after Alzheimer's - had previously suffered from adult ADHD," said Dr. Angel Golimstok. "This was more than three times the 15 per cent rate found in both the control group and the group with Alzheimer's.

Source: <http://www.sciencedaily.com>



Enhance the Dementia Caregiving Journey!

Your tax deductible donations can now be made with a credit card on our website!

We always need INK CARTRIDGES.

THANK YOU TO OUR MARCH NEWSLETTER SPONSOR:

ARCADIA

Home Care & Staffing



TINA COSTA

727.579.9414

tcosta@arcadiahealthcare.com

"Keeping People at Home and Healthier Longer"

Member Organization of:



322 Eighth Ave, 7th Floor ♥ New York, NY 10001 ♥ 1.866.AFA.8484