

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH MARCH 2022

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us

www.dementiacaregiverresources.org



SUPPORT GROUPS

If you would like to attend support groups, (for current caregivers) please make sure to call the community the day before to let them know you are attending.

MARCH 10th 10:15AM - 11:30AM

ARAVILLA Clearwater Memory Care
3055 Union St. Clearwater (727) **260-2826**
t.dacey@aravillaclearwater.com

Upcoming - SPECIAL PRESENTATIONS

Making Sense of Memory Loss

10:00 AM Tuesday March 8

The INN at FREEDOM SQUARE

10801 Johnson Blvd. Seminole 33772

RSVP to: Marsha Thompson (727)398-0324

thompsonmarsha@freedomsquarefl.com



German study from the World of

Medicine Spending time outdoors is good for your brain! Researchers found that people who spent more time outdoors had a larger volume of gray matter in the right prefrontal cortex – this is the area of the brain involved in planning thoughts and actions. Other studies have found that less prefrontal gray matter is linked to depression. So, the goal is to spend at least 2 hours a week outside if you can – the results for your brain health can be significant!

Sean W. Scott
Elder Law Attorney

Many Florida seniors and their families incorrectly assume they will not qualify for Florida Medicaid benefits for long-term care because they do not appear to meet all the financial criteria. For Medicaid applicants and families, losing their home is perhaps their biggest fear. Will they be forced to sell it if their loved one goes on Medicaid? Will the proceeds go to the nursing home? If the applicant has a well spouse, where will the spouse go? And what happens to the home after the applicant passes away? For most people, there is no cause for concern, provided certain conditions are met.

For a free consult, call: (727)539-0181

Visit: <http://www.virtuallawoffice.com/>

ALZHEIMER'S FACTS and TIPS

- More Than Half of All Individuals with Alzheimer's Do Not Know They Have It.
- **Dementia patients are known to engage in many unusual and often “annoying” behaviors.** Family members and caregivers question if these behaviors are intentional, often try to correct or stop these mannerisms, and find that their attempts usually fall flat.

Here are some things to remember NOT to say to someone with a form of dementia:

“You're wrong” ...

“Do you remember...?” ...

“They passed away.” ...

“I told you...” ...

“What do you want to eat?”



Light for the Journey - Courage for the Soul



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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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In Florida **ELDER SELF-NEGLECT** accounts for the majority of cases reported to Adult Protective Services. From a legal standpoint, the problems involved in these scenarios are very extensive and the issues are complicated. **All citizens are mandatory reporters of any suspected elder abuse – self-inflicted or otherwise.** Mandatory reporting means that anyone who knows or has reasonable cause to suspect that a vulnerable adult has been or is being abused, neglected, or exploited shall immediately report such knowledge or suspicion to the Abuse Hotline 1-800-96-ABUSE (1-800-962-2873). A trained professional from Adult Protective Services will take your report and investigate. Your confidential report can help save an elder's life. Self-neglect occurs when a vulnerable adult 18 or older fails to provide themselves with whatever is necessary to prevent physical harm, emotional harm, or pain resulting in the deterioration of their health, personal care or living situation. This includes their ability to perform the normal activities of daily living, and/or their ability to provide for their own care and protection is impaired.

Attending a support group offers so many benefits:

- Advice and Encouragement
- Feeling more socially connected
- Gives a sense of belonging and renewed purpose
- Provides you with the support and resources necessary to move beyond your Loved Ones' diagnosis

According to the Alzheimer's Association's Annual Report:

Hispanic Americans are about 1.5 times more likely to have Alzheimer's and other forms of dementia than Whites, yet three in 10 Hispanics do not believe they will live long enough to develop dementia.

Hispanics, Blacks and Native Americans are twice as likely as Whites to say they would not see a doctor if experiencing thinking or memory problems. These findings suggest there is a lot of work ahead to achieve better health equity.

Acadia Pharmaceuticals Inc. announced that it has resubmitted its supplemental New Drug Application for pimavanserin (brand name *Nuplazid*) for the treatment of hallucinations and delusions associated with Alzheimer's disease psychosis (ADP) to the U.S. Food and Drug Administration (FDA).



Your donations make all the difference
WE ALWAYS NEED USED INK CARTRIDGES

25th
Anniversary

We are celebrating our 25th year
of assisting caregivers ♥

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P.O. Box 7677 - Seminole, Florida 33775



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