

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH ♣ MARCH 2023

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

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www.dementiacaregiverresources.org



SUPPORT GROUPS



THE BAYBROOK
AT LARGO

(New Name-Same place)

Tuesday March 7th at 1:30PM

750 Starkey Rd. - Largo, FL 33771

RSVP: (727) 586-0108

lifeengagement@baybrooklargo.com



The INN at FREEDOM SQUARE

Wednesday March 8th at 1:30PM

10801 Johnson Blvd. Seminole 33772

RSVP: Eric Kane (727)398-0363

kaneeric@freedomsquarefl.com



The Association for
Frontotemporal Degeneration
FIND HELP • SHARE HOPE

The news that actor Bruce Willis has been diagnosed and is living with Frontotemporal Dementia (FTD) has sparked a surge of FTD information, greater awareness, and better understanding of this form of dementia. For those who have a Loved One with FTD seeing this disease in the national news has intensified feelings of grief and loss that this kind of diagnosis brings. To help families living with this disease, *Walking with Grief: Loss and the FTD Journey* - is a 48-page booklet that you can download in a PDF format. Visit: <https://www.theaftd.org/>



The Law Office of Sean W. Scott

The Florida Supreme Court has defined Medicaid Planning as the practice of law. Non-lawyer Medicaid Planners CANNOT advise you regarding Medicaid law and rules; doing so is a felony. Making gifts, preserving assets, preparing your legal documents correctly, and making sure all of your wishes are known will take some thought and pre-planning with an Elder Law attorney. This is critical and invaluable for you and your family.

For a free consult, call: (727)539-0181

<http://www.virtuallawoffice.com/>



The Pinellas Sheriff's Office introduced a new sticker to alert first responders of person with special needs. It's aimed at alerting and preparing first responders that someone with special needs may be in a home or a car that they're approaching. An individual or someone in their family can request a sticker by calling PCSO's **Crime Prevention and Community Awareness Unit** at (727) 582-2222.



Light for the Journey - Courage for the Soul



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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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Dementia-Friendly Dining

This simply involves training servers on how to best interact with people living with memory-loss disorders and then creating a calm and inclusive space in the restaurant for them. Look for the sign at Sonny's BBQ, O'Keefe's, and other local restaurants.

Top Reminders for Dementia-friendly Dining

1. Speak clearly and slowly
2. Make eye contact
3. SMILE 😊 SMILE 😊 and Keep SMILING! 😊
4. Use short sentences
5. Be patient and allow time for response
6. Approach from the front – *never startle*
7. Stay calm and listen carefully
8. Offer few menu options/choices (max of 2)
9. Avoid physical contact
10. Support the Caregiver

Kindness and Compassion

'GROWING OLDER WITH ENTHUSIASM'

Karen recently had the pleasure of doing a podcast with the 'Media Giant' Neil Haley and Dr. Ron Kaiser - Licensed Psychologist.

Visit: <https://youtu.be/ayMStxm6Gxo>



♥ 25 years of assisting caregivers ♥

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P.O. Box 7677 - Seminole, Florida 33775

Your donations make all the difference!

WE ALWAYS NEED USED INK CARTRIDGES

SUNSTAR PARAMEDICS has these helpful hints if you have to call 911:

Do your best to stay calm. Whether you are giving your address or a description of the situation, it can be hard to understand the information if you are talking too fast or yelling into the phone.

Know where you are when you call. Know the address if you can, or at least the general location, and offer descriptors (near, next to, across from).

Don't get frustrated if the operator is systematic in asking questions. We have a methodical, effective approach in asking questions in a specific order.

We may try to have you help the situation, while we're on our way. For example, if it's clear that an elderly person would be better off on the floor instead of in a chair, we may ask you to move the person. On average, response time is four minutes.

If you're not certain about a situation, make the call anyway. We have non-emergency lines available for situations that aren't urgent, but if you think it's an emergency or could become one, call 911. Also, don't assume that somebody else has already called.

Don't hang up. If our lines are busy and we can't answer the phone immediately, hanging up and calling back will place you at the end of the queue. Stay on the line until we advise otherwise.

Don't hesitate to call again if anything changes. If the person's condition worsens, call us back and tell us what's going on.



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