

# DEMENTIA CAREGIVER RESOURCES, INC.

HOPE HELP HEART  LIGHT GROWTH LOVE

Email: [drkaren@bookofhope.us](mailto:drkaren@bookofhope.us) to be added to the e-newsletter distribution list.  
[www.dementiacaregiverresources.org](http://www.dementiacaregiverresources.org) A non-profit 501(c)(3) organization since 1997  
THE LATEST FACTOIDS, RESEARCH, TRIVIA AND INFORMATION "The Devil's in the Details"

## THE DEMENTIA DETAILS DISPATCH MAY 2013

### MAY 2013 SUPPORT GROUPS

May 1 & 15 Bon Secours PL 6:00 PM  
May 3 & 17 Grand Villa 9:30 AM  
May 7 & 21 St. Mark Village 9:30 AM  
May 7 & 21 Grand Villa 6:00 PM  
May 13 Seasons @ CABOT COVE 9:30 AM

### June Support Groups

June 4 & 18 St. Mark Village 9:30 AM  
June 4 & 18 Grand Villa 6:00 PM  
June 5 Bon Secours PL 6:00 PM  
June 7 & 21 Grand Villa 9:30 AM  
June 10 Seasons @ CABOT COVE 9:30 AM



DCR will be a vendor at the 1<sup>st</sup>

Annual **VETERAN EXPO & SHOWCASE**

Benefitting: *The Honor Flight of West Central Florida*

**SATURDAY May 4<sup>th</sup> 10:00AM – 2:00PM**

**THE PLAZA**

385 Alternate Keene Road

Largo, FL 33771 (727) **674-1107**

Visit: **ThePlaza.ThePalmsOfLargo.com**



**CONGRATULATIONS to Bon Secours**

**St. Petersburg and Tierra Pines in Largo-**

*The Governor's Panel on Excellence in Long Term Care* announced these facilities as recipients of the distinguished **Gold Seal Award**.

This award is presented to facilities which demonstrate strong clinical excellence and dedication to upholding its residents' quality of life. There are only nine nursing homes in Florida currently recognized with this status, and these are the only two in Pinellas County.

**Sean W. Scott**  
Elder Law Attorney

A senior's legal problems are a unique function of the aging process. Those problems can be complex and include estate planning, incapacity and often, the cost of long-term care. Don't procrastinate, take the time to execute your Estate Planning documents or review them and get them updated as needed. This is so important and easy to do!

For more information call: **727.539.0181**

Visit: <http://www.virtuallawoffice.com/>



Due to popular demand, we are having an **ENCORE Symposium of the DEMENTIA CAREGIVER RESOURCES: "PREVENTING DEMENTIA"** at **PACIFICA Senior Living-Belleair** on Thursday **June 20<sup>th</sup>** from **10AM - 1:00 PM**. Call today to reserve your seat; arrange for free respite care for your Loved One; and enjoy a healthy lunch. There is no charge for this special event. (727) **467-9464**



**Karen received this message on April 22:**

Congratulations on the **approval** of your application to DAR. Welcome Florida Daughter! She had to prove her lineal descent from a patriot of the American Revolution! There are currently only 170,000 members in 3,000 chapters across the United States and internationally. This is one of her "Bucket List" items that she can now cross off.

Member Organization of:



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**SMARTPHONES** -- They allow us to listen to music, check our e-mail, browse the internet, and even track our daily calorie intake, but are we really smarter? New research out of the University of Texas at Dallas says multi-tasking rewires the brain, robs us of frontal lobe brainpower, and reduces our ability to make good decisions. Visit this site for more info:  
[http://ivanhoe.com/channels/p\\_channelstory.cfm?storyid=31090](http://ivanhoe.com/channels/p_channelstory.cfm?storyid=31090)

**BLAST-INDUCED TRAUMATIC BRAIN INJURY** (TBI) has become an important issue in combat casualty care. In many cases of mild TBI, MRI scans and other conventional imaging technology do not show overt damage to the brain. "Our research reveals...there is a lot of molecular madness going on in the brain after a blast exposure," "Even subtle injuries resulted in significant alterations of brain chemistry." Gene activity patterns, which shifted over time, resembled patterns seen in neurodegenerative diseases, particularly Alzheimer's.  
<http://www.sciencedaily.com>



**CLENCHING YOUR RIGHT HAND** may help create a stronger memory of an event or action, and **CLENCHING YOUR LEFT HAND** may help you recall the memory later, according to a new study published in the journal *PLOS ONE*.  
<http://www.medicalnewstoday.com/articles/259678.php>

### GENETICS & LONG-TERM CARE INSURANCE

A recent study entitled, "Genetic Testing for Alzheimer's and Long-Term Care Insurance," found that individuals who take a genetic test to find out if they have traits that lead to Alzheimer's are five times more likely to purchase long-term care insurance (LTCI). This is causing LTCI providers to change underwriting standards that may impact individuals with Huntington's Disease (HD). The leading LTCI insurer, Genworth Financial (GF), has announced changes to their underwriting plan design, including higher rates and stricter underwriting standards before insuring risk. GF announced that it may in some cases require genetic testing of LTCI applicants with a family history of genetic disorders, like Huntington's disease. A session at a recent conference was entitled "Genetic Testing: Underwriting Risk or Fear", HD was used in a case example.

THANK YOU to our **MAY SPONSOR**  
**ARCADIA** Home Care & Staffing



**TINA COSTA – Operations Director**  
727.579.9414 [tcosta@arcadiahealthcare.com](mailto:tcosta@arcadiahealthcare.com)  
"Keeping People at Home and Healthier Longer"

**WE ALWAYS NEED USED INK CARTRIDGES!**

Your Tax Deductible Donations Are Always Appreciated to Assist Fellow Caregivers!  
DCR, Inc. PO Box 7677 - Seminole, FL 33775

Or donate with a credit card on our website:  
[www.dementiacaregiverresources.org](http://www.dementiacaregiverresources.org)

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