

# DEMENTIA CAREGIVER RESOURCES, INC.

Member Organization of:



## THE DEMENTIA DETAILS DISPATCH MAY 2017

THE LATEST FACTOIDS, RESEARCH, TRIVIA AND INFORMATION

**Karen Truman, PhD, President and Jeff Truman, MS Ed, Director**

### MAY SUPPORT GROUPS

- May 2 & 16 St. Mark Village 9:00 AM**  
2655 Nebraska Ave. Palm Harbor (727)785-2580
- May 2 & 16 Grand Villa Largo 6:00 PM**
- May 5 & 19 Grand Villa Largo 9:30 AM**  
750 Starkey Rd. Largo 33771 (727)586-0108
- May 17 Palms of Largo – REGAL 2:30 PM**  
300 Lake Ave NE -Largo, FL 33771 (727)437-1350

Sean W. Scott  
Elder Law Attorney

The Department of Veterans Affairs provides a myriad of benefits to veterans who have honorably served. Benefits include healthcare, extended care services, and monetary benefits to compensate for service-connected disabilities or to offset long term care costs. As an elder law attorney it is imperative that the planning methods we utilize qualify our clients for both the VA Benefits they are entitled as well as the Medicaid and long term care benefits. *Please call us for a free consult:* (727)539-0181 <http://www.virtuallawoffice.com/>

### JUNE SUPPORT GROUPS

- June 2 & 16 Grand Villa Largo 9:30 AM
- June 6 & 20 St. Mark Village 9:00 AM
- June 6 & 20 Grand Villa Largo 6:00 PM
- June 21 Palms of Largo – REGAL 2:30 PM

### FRANKLIN'S DEMENTIA PREVENTION TIP:

#### SILENCE

Our brains do not function at an optimum level in noise filled environments. Noise elevates stress hormones in the brain. Exposure to chronic noise can hinder cognitive development. The attention restoration theory suggests quiet environments can help people recover and repair from too much noise. Make quiet time for yourself every day, even for just 10 minutes. As we all know, 'Silence is Golden'.



The U.S. Food and Drug Administration has approved the first home genetic tests for 10 health risks, including Parkinson's disease and late-onset Alzheimer's. The approval -- granted to the California-based company **23andMe Inc.** could help test users make lifestyle choices or spark important discussions with health care providers. Along with genetics, many things can contribute to disease and illness, including lifestyle and environmental factors, the FDA said.

### CENTURY CURES ACT SIGNED INTO LAW

Prior to adjourning in 2016, Congress passed, the 21<sup>st</sup> Century Cures Act. The goals of this bipartisan legislation include: incorporating patient perspectives into the regulatory process and helping to address their unmet medical needs; building the foundation for 21st century medicine; streamlining clinical trials; supporting continued innovation at federal public health agencies; and modernizing medical product regulation. *Specifically, for Alzheimer's disease stakeholders, the law:*

- Increases funding for drug research at the National Institutes of Health (NIH) and the Food and Drug Administration (FDA);
- Establishes a NIH Innovation Fund with a focus on high-risk, high-reward research and including matching fund requirements for projects like the BRAIN initiative;
- Establishes public-private prize competitions (formerly known as the EUREKA Act) to accelerate breakthroughs for Alzheimer's disease and other dementia; and
- Sets forth additional FDA reforms intended to accelerate the pace of drug review and to bring effective therapies to market quicker.



Light for the Journey - Courage for the Soul

[www.dementiacaregiverresources.org](http://www.dementiacaregiverresources.org) [drkaren@bookofhope.us](mailto:drkaren@bookofhope.us)

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### PATIENCE

In our hurry up and get it done **now** world, often times, our patience wears down, especially when we have to work with someone with a form of dementia. We sometimes forget that whatever task the person could do last week may now be gone forever as the disease continues its course. When visiting family members and they don't respond or react the way they used to, please do not get upset or angry. They are no longer the person they were, have patience!

### AXOVANT SCIENCES – LEWY BODY STUDY

- Person must be at least 50 years old
- Has been diagnosed with dementia with Lewy bodies (DLB) or Parkinson's disease dementia (PDD)
- Has frequent visual hallucinations

For more information about this clinical trial, please contact **Axovant Sciences** at **(919)425-0709** or click here: [Find a Study Site](#)

Are you experiencing an unexpected **"BUMP IN THE ROAD"**?

**Mary Jane Cronin** is a Licensed Mental Health Counselor who offers help with loss, grief, and sudden life changes. Call her at (727) 458-4781 or visit: [www.comforting-arms.com](http://www.comforting-arms.com)



**Can you make a tax deductible donation?**

**DCR, Inc.  
PO Box 7677  
Seminole, FL 33775**

**WE ALWAYS NEED USED INK CARTRIDGES**

### TINA'S HOME CARE CORNER

What are some **"Red Flags"** that might Indicate

#### It's Time to get Some Help?

- Mom is normally very active and social, but lately she has become withdrawn, rarely leaves the house & her personal hygiene is poor
- Dad has been losing weight and forgets to take his medications
- Mom & dad usually keep a beautiful home, but during your last visit the laundry was piled up, the kitchen sink was full of dishes & the yard was overgrown
- Dad's physician called to say that he has missed the last several appointments
- Dad is having frequent falls and refuses to use a walker or cane
- Mom's outfits are always so well coordinated and everything matches....that is no longer the case
- Dad loves to cook, but has been forgetting to turn off the stove, leaves the burners on & the food in the refrigerator is spoiled/expired
- The car that mom & dad drive has several new dents and scratches

*Thank You to Our May Sponsor*



**Tina M. Costa, RN - ACCOUNT EXECUTIVE**  
Cell **(813)334-3472** [Tina.Costa@Rescare.com](mailto:Tina.Costa@Rescare.com)  
**ResCare Home Care (727)734-7400**

*"ResCare to the Rescue!"*

*ResCare HomeCare helps seniors who want to age in place*  
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