

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH NOVEMBER 2021

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us

www.dementiacaregiverresources.org



SUPPORT GROUPS

If you would like to attend support groups, (for current caregivers) please make sure to call the community the day before to let them know you are attending.

NOVEMBER 4th 10:15AM - 11:30AM

ARAVILLA Clearwater Memory Care

3055 Union St. Clearwater (727) 260-2826

t.dacey@aravillaclearwater.com



The VIETNAM WAR went on from 1955-1975 and The **Vietnam Veterans Memorial WALL** was dedicated in 1982 in Washington DC. Each spring, the Department of Defense determines if a service member has met the criteria for addition to The Wall, and then their name is added. This year, a man who passed away in 2019 from head injuries suffered in 1967 from a Tet Offensive attack on his US Army 199th Light Infantry Brigade armored-personnel carrier was added to the WALL. **Andy Smith** was a Clearwater resident for 34 years and participated in the Vietnam Head Injury Study and made regular visits to the National Institute of Health for studies related to catastrophic brain trauma, frontal lobe dementia and memory issues. In 2012, 45 years after his injuries, he was accepted into the Bay Pines VA Community Living Center. His name is now engraved on Panel 36E Line 86 of THE WALL. *There are 58,291 Names on The Wall.*

Sean W. Scott
Elder Law Attorney

A will generally costs around \$75, a trust plan can often cost around \$3,000 to set up. The big advantage of the trust is that as the estate size increases, the cost of moving the assets does not go up. A will is usually the better choice for estates that are smaller than \$100,000 because the cost of the will and probate will end up being less overall. A trust is a better choice as the size the estate grows beyond the \$100,000 mark. Our focus is to help our clients make the right choices for their current and future needs.

For a free consult, call: (727)539-0181

Visit: <http://www.virtuallawoffice.com/>

MEDICARE's YEARLY "WELLNESS VISIT"

When you visit your healthcare provider, they may perform a cognitive assessment to look for signs of dementia including Alzheimer's disease. They are also asking about depression, anxiety, managing your finances and everyday life decisions. If there are concerns, you can schedule a separate visit with a specialist to do a full review of your cognitive functions and bring a trusted family member or friend to help you provide information and answer hard questions. One of the most important fact sheets we have created is a **Medical Info Sheet** that can be used for routine doctor visits, ER or hospital visits or anytime you need to fill out a form for medical procedures. We keep copies in our wallets and update them every six-months or when a new medication has been added or a new medical condition has been diagnosed --



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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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Conference

2021 | November 2, 3 & 4

Where You Can Find Help and Hope

Enjoy this Virtual Conference
from the comfort of your own home

Linda Burhans will be hosting this virtual conference November 2, 3 & 4, 2021. It is free to attend. Visit this website to register and to get more information. There is truly something for everyone to hear or find out more about: <https://connectingcaregiversconference.com/register/>

PROTECT and HIDE the IMAGE?

“Caregivers often believe their job is to protect the image of their loved one and to hide the symptoms of dementia-related psychosis from others,” said Charmaine Lykins, Senior Vice President, Global Product Planning and Chief Marketing Officer, at Acadia Pharmaceuticals. “MoreThanMemoryLoss.com is an educational resource dedicated to providing caregivers with information and tools needed to start important conversations about dementia-related hallucinations and delusions with their loved one’s healthcare providers.”

For more information and resources, visit: <https://www.morethanmemoryloss.com/>



TRAUMATIC BRAIN INJURIES are caused from motor vehicle crashes, blasts, explosions and falls

Many events can deliver a blow or jolt to your head, potentially causing a traumatic brain injury (TBI). In fact, between 2000 and 2017, the Department of Defense reported more than 375,000 diagnosed cases of TBI among members of the U.S. armed forces around the world. The brain affects how you think; how you feel; how you act. So, a TBI can affect physical functions, thinking abilities, behaviors, and more. The injury can range from mild to severe, and it may increase our risk for mental health conditions such as anxiety and depression, as well as sleeping problems.

Did you know?

Arlington’s most well-known Revolutionary War veteran is Pierre Charles L’Enfant, the architect and city planner who designed the layout for Washington DC. Although he was born in France, he came to America to fight in the Revolutionary War, and he was commissioned as a lieutenant in the Corps of Engineers before serving on George Washington’s staff.

Dementia Caregiver Resources, Inc.
P.O. Box 7677
Seminole, Florida 33775



Your donations make all the difference
WE ALWAYS NEED USED INK CARTRIDGES



Light for the Journey - Courage for the Soul



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