

# DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH OCTOBER 2020

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www.dementiacaregiverresources.org



***We hope to resume our regular support groups at some time this year – we miss all of you and hope you are doing OK. These are some very hard days. The future in long-term care communities and what it will look like is so hard to grasp. Please reach out to your doctors for assistance in finding some resources that may be paid for by insurance, or private pay, or VA.***



When you are able to schedule some appointments, please take your Loved One for a dental check-up; to see a Lymphedema Drainage Specialist for those swollen legs (covered under Medicare), to get a new pair or two of shoes that fit properly. Make sure and ask the staff who assist in dressing them if they need some new clothes with elastic waistbands and with no tags. Their skin becomes very thin and fragile, so when shirt tags rub, they can cause skin tears and irritation. Even if your Loved One has worn dentures or partials for a number of years, they still need to have these professionally cleaned and the dentist can make sure they still fit properly, need any adjustments, and check for mouth sores and infections. It is vitally important.

Sean W. Scott  
Elder Law Attorney

When you die, something must happen to your property. You can control where your property will go or you can let the state, by way of statute, distribute the property. Needless to say, it is usually better for you to take control rather than the state. Not only does the use of a revocable living trust eliminate the intrusion of the state in the form of the probate system but it also allows the family to possess an estate valued at a total of \$5 million without paying death taxes to the federal government. To make an appointment for a free consult, call: (727)539-0181

Visit: <http://www.virtuallawoffice.com/>

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Careful attention to your aging Loved One's mental health may be even more important now amid fear and stress over the ongoing coronavirus outbreak. While anxiety and concern related to the pandemic affects people of all ages, the elderly may be more susceptible to mental health disorders during this time. Isolation and concerns over their increased risk of severe illness from COVID-19 can take a toll on a seniors' mental health.



*Light for the Journey - Courage for the Soul*

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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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According to the NIH: Alzheimer's disease is currently ranked as the sixth leading cause of death in the United States, but *recent estimates* indicate that the disorder may rank third, just behind *heart disease* and cancer, as a cause of death for older people.



Informed Delivery with USPS

### Check your mail from anywhere!

Informed Delivery is a free and optional notification service that gives residential consumers the ability to digitally preview their letter-sized mail pieces and manage their packages scheduled to arrive soon. Informed Delivery makes mail more convenient by allowing users to view what is coming to their mailbox whenever, wherever – even while traveling – on a computer, tablet, or mobile device.

[www.usps.com/becomeinformed](http://www.usps.com/becomeinformed)

**Educate Both Facility-Based and Consultant Personnel** (e.g., wound care, podiatry, beauticians, barbers) and volunteers. Including consultants is important because they often provide care in multiple facilities and can be exposed to or serve as a source of pathogen transmission.

[https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html?CDC\\_AA\\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhealthcare-facilities%2Fprevent-spread-in-long-term-care-facilities.html](https://www.cdc.gov/coronavirus/2019-ncov/hcp/long-term-care.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhealthcare-facilities%2Fprevent-spread-in-long-term-care-facilities.html)

### Assess these five areas to determine whether a consultation with your Loved One's doctor is warranted:

1. **Life tasks and self-care activities** such as dressing, preparing meals, or using the phone
2. **Safety**, including financial safety and driving
3. **Physical health**, including pain or uncomfortable symptoms, hospitalizations, or loss of appetite
4. **Mood and brain health**, such as feelings of hopelessness, loss of interest in activities they used to enjoy, or isolation
5. **Medication safety**, including skipping medications, and worrisome side effects or symptoms related to medications

**Dementia Caregiver Resources, Inc.**

**P.O. Box 7677**

**Seminole, FL 33775**

**WE ALWAYS NEED USED INK CARTRIDGES**



We start by listening to your unique needs. Then we'll customize a plan of care with our trained caregivers who understand your personal needs and lifestyle.

- Companionship
- Light Housekeeping
- Memory Care
- Laundry & Linens
- Medication Reminders
- Transportation
- Shopping & Errands
- Meal Preparation

Call us: (727) 262-1212

[www.touchinghearts.com/swpinellas](http://www.touchinghearts.com/swpinellas)



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