DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH OCTOBER 2022

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director drkaren@bookofhope.us www.dementiacaregiverresources.org

SUPPORT GROUPS

If you would like to attend support groups, (for current caregivers) please make sure to RSVP to the community the day before to let them know you are attending.

→ Grand Villa Largo

Tuesday October 11th 1:30PM

750 Starkey Rd. - Largo, FL 33771 RSVP: (727) 586-0108

→ The INN at FREEDOM SQUARE

Wednesday October 12th 1:30PM 10801 Johnson Blvd. Seminole 33772

RSVP: Marsha Thompson (727)398-0324 thompsonmarsha@freedomsquarefl.com

→ ARAVILLA Clearwater Memory Care

Thursday October 13th 10:15AM 3055 Union St. Clearwater (727) 260-2826 RSVP: Traci: t.dacey@aravillaclearwater.com

LONG COVID



It may affect multiple parts of your body-like the heart, kidneys, lungs, joints, digestion, and vascular and nervous system.

Learn more at covid.gov.

Research shows that the extended social isolation due to **COVID-19** has been linked to worsening cognitive ability and an increase in mental health issues including loneliness and depression. New data also points to disturbing trends showing COVID-19 infections leading to lasting cognitive impairment and Parkinson's and Alzheimer's early symptoms.



The Law Office of Sean W. Scott offers:

- Medicaid Application Processing
- Asset Preservation
- Wills, Trusts & Estates
- Nursing Home Placement
- Legal Documents

Sean is offering **Free Medicaid Seminars** in October at the **Largo**, **Palm Harbor**, and **Seminole Libraries**. (Call the office for dates and times). The law office specializes in Crisis and Advanced Medicaid Planning. *For a free consult, call*: (727)**539-0181** http://www.virtuallawoffice.com/



Our friend **Linda Burhans** is hosting this FREE - virtual 3-Day Conference – November 8, 9 and 10, 2022. There are so many caregiver tips and things to learn about. This conference will offer elder law, adaptive equipment info, grief, caregiving, medication issues, and how to reach out for help on the dementia journey. If you would like to register, please visit this website. <u>https://us02web.zoom.us/webinar/register</u> /WN Bw3KNjfWQJ-z-WEdsx7vKg



 \mathcal{L} Light for the Journey - Courage for the Soul \mathcal{T} ©2022 - A 501(c)(3) Non-Profit Organization since 1997

A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website <u>here</u>. Registration does not imply endorsement, approval, or recommendation by the state.

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The Area Agency on Aging has many programs and information for adults 18+ who have mental health or developmental disabilities; they offer insurance counseling; Medicaid info; long-term care info and caregiver support services and so much more – Contact Terri for info about the SAVVY Caregiver Program and for more info. Terri Toner, Health & Wellness Coordinator Terri.Toner@aaapp.org Phone: (727)570-9696 x 160 Web: agingcarefl.org



A study in the American Journal of Alzheimer's Disease and Other Dementia reported that playing Bingo provides mental stimulation that is highly therapeutic for people with cognitive disorders. Individuals participating in the study who played Bingo performed significantly better on measures of cognition than participants who did not play.



The U-Step 2 Walker is a multiplewheeled mobile walking frame with a U-shaped base, padded seat and innovative braking system. This durable wheeled walker is designed for those with neurological conditions including Parkinson's Disease, Multiple Sclerosis, Stroke, ALS, MSA (Multiple System Atrophy), and PSP (Progressive Supranuclear Palsy). The unique frame and extra-wide wheelbase help prevent falls and increase independence. This is not like pushing a standard rolling walker. The U-Step 2 will not roll until the user is ready to walk. The innovative braking system is easy to use and allows complete control. The user lightly squeezes either brake release lever to move the walker. Once the lever is released, the unit stops immediately. This feature is particularly helpful when standing up from a chair because the unit will not roll away. This walker fits user height ranges from 5 feet 2 inches to 6 feet 1 inch tall. https://www.ustep.com/



25 years of assisting caregivers
DEMENTIA CAREGIVER RESOURCES, INC.
P.O. Box 7677 - Seminole, Florida 33775

Your donations make all the difference WE <u>ALWAYS</u> NEED USED INK CARTRIDGES



https://www.morethanmemoryloss.com

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