

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH OCTOBER 2025

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

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OCTOBER SUPPORT GROUPS



ARAVILLA Clearwater

→ **Tuesday October 14th - 1:30 - 2:45PM**

3055 Union St. 33759 (727) **260-2826**

j.pham@aravillaclearwater.com



The INN at FREEDOM SQUARE (3rd Floor)

→ **Wednesday October 8th - 1:30-3:15 PM**

10801 Johnson Blvd. - Seminole 33772

(727) **398-0363**

damigodeana@freedomssquarefl.com

Florida Approves First-in-the-Nation Blood Clot Tracking System

Florida's new law, the Emily Adkins Family Protection Act, aims to improve blood clot prevention, screening, and care by creating a statewide Venous Thromboembolism (VTE) registry, requiring hospitals and ambulatory surgical centers to implement VTE risk assessment protocols and train staff, and is mandating informational pamphlets for residents in nursing homes and assisted living facilities. This law also requires hospitals to report VTE data to the new registry. The legislation, is named for a Florida woman who died of a pulmonary embolism in 2022 at age 23 following an ankle fracture. Many clots can be preventable with early detection and intervention.



Myth: Medicaid only covers nursing home care.

Fact: Medicaid covers various long-term care services, including nursing home care, assisted living, and home and community-based services. Eligibility for these services may vary by state and individual needs, and some programs, like home and community-based services, aim to keep individuals in their homes rather than in institutions. Qualifying for home and assisted living Medicaid care in Florida requires the individual to first get on a priority wait list. For more information, attend a seminar or schedule a free consult.

→ **FREE Medicaid SEMINARS at Libraries:**

Friday October 3rd Largo Library 2:30PM

Tuesday October 7th Palm Harbor 2:00PM

For a free consultation, call: (727) **539-0181**

Visit: <http://www.virtuallawoffice.com/>

Veterans Services PINELLAS

Dementia can be service-connected for a veteran. You must also provide evidence that shows a connection between your service and the dementia diagnosis. This could involve:

1. A history of Traumatic Brain Injury during service.
2. A condition known to be associated with dementia (e.g., Parkinson's disease, Lewy body dementia).
3. Establish a link to other service-related events, diagnosis', or exposures that may have caused or increased the risk of developing a dementia (e.g., type 2 diabetes, Agent Orange, PTSD, etc.). Call: (727) 464-8460

<https://pinellas.gov/departments/veterans-services/>

Light for the Journey - Courage for the Soul

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"A copy of the official registration and financial information may be obtained from the division of consumer services by calling toll-free within the state. Registration does not imply endorsement, approval, or recommendation by the state." 1-800-435-7352 <https://www.fdacs.gov/>

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Did you know??

True teas such as green and black tea; 100% orange juice, sparkling water, and kefir are known for their potential benefits in supporting brain health. These beverages can easily be included in your daily routine to help promote cognitive well-being.

There is a NEW **DO NOT RESUSCITATE (DNR)** form for Florida

<https://www.floridahealth.gov/about/patient-rights-and-safety/do-not-resuscitate/documents/dnro.pdf>



Virtual Memory Screenings

Free virtual memory screenings using your computer, smart phone or tablet. Simple, quick and noninvasive, screenings consist of a series of questions to test memory, language, thinking skills and other cognitive functions.

Read the newest Issue of Alzheimer's TODAY Magazine:

<https://alzfdn.org/alzheimers-today-latest-issue/>



Spoke to a caregiver who sent me a desperate email – I called her and she sounded 'guarded'. I asked if this was a good time to chat and she said – actually I just arrived at the doctors office with my husband and he has to pee in a cup – so it is not a good moment – we were trying so hard to not laugh on phone --- this was one of those moments where you just have to call at another time.

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The Tarpon Springs Women's Club is very active on so many issues. Their powerful "HELP" message is something that we can support. There are so many young people who live in fear, trauma, and isolation. This can be made into stickers or labels and put on the back of public restroom stall doors and other areas.

ARE YOU AFRAID? Tienes miedo? DO YOU LIVE IN FEAR? Vives con miedo?

IS SOMEONE HURTING YOU? Alguien te esta haciendo dano?

NATIONAL HUMAN TRAFFICKING HOTLINE
888-3737-888
Text "HELP" to 233733 (BeFree)

Regardless of your past or what you've been through, we will help you.

 Sponsored by the GFWC Woman's Club of Tarpon Springs, FL



Your donations make all the difference!
DEMENTIA CAREGIVER RESOURCES, INC.
P.O. Box 7677 - Seminole, Florida 33775

Special Note: Karen just received her Assisted Living Administrator CORE training *Renewal* License from the Agency for Health Care Administration (AHCA). She can conduct these mandatory trainings through the end of 2027!

WE ALWAYS NEED USED INK CARTRIDGES!



See a **MEMORABLE** Family-Friendly
PLAY with **PURPOSE!**

*** Limited Seating ***

Reserve **FREE** Tickets at **SAGESTHEATER.ORG**

Doors Open @ 1pm – Walk-ins seated @ 1:45 pm

*****Goody Bags*****
*****Prize Drawings*****

Live THEATER
with LOCAL senior talent!

This delightful collection of true-to-life stories sparks meaningful conversations about aging with grace and dignity. Laugh at funny moments and savor tender ones that lead to heartwarming discoveries. Join us as we celebrate triumphs, big and small, and find inspiration through the power of love and resilience.

RESERVE Free General Admission TICKETS
at **SAGEStheater.org** (click top red banner)

In Partnership
with:



**Only
ONE
SHOW
per city!**

***** Saturdays 2:00-3:30pm *****

10/11 - Central Park Performing Arts Center (105 Central Park Drive, Largo)

10/18 - Ruth Eckerd Hall Murray Theatre (1111 McMullen Booth Rd, Clearwater)

10/25 - Pinellas Park Performing Arts Center (4951 78th Ave N)

Questions? Call 727-
202-2302 or email
[playswithpurpose@
sagestheater.org](mailto:playswithpurpose@sagestheater.org)



S * A * G * E * S
Plays with Purpose

Senior Actors Guild & Education Services
501(c)3 Non-Profit Organization

*Donations Gladly
Accepted on Site or
with your Reservation*

Caregiver Connection Celebration



Get ready to learn, laugh and connect!

Join us for a one-of-a-kind caregiver celebration featuring:

- ✓ Caregiver expert panel discussion
- ✓ Valuable community resource tables
- ✓ Door prizes
- ✓ A delicious lunch included
- ✓ Premier lunchtime entertainment

Panel Discussion

Join us for an engaging discussion hosted by **Linda Burhans**, "The Gal Who Cares for the Caregivers", Radio Host, Author, Speaker, and Caregiver Advocate.

PANEL TOPIC: The Empowered Caregiver: Tools & Insights to Make Informed Decisions

PANELISTS INCLUDE:

- Sean Scott, Scott Law
- Debbie Yones, Voices of Hope for Aphasia
- Elli Baldwin, Sunways Senior Living Concierge
- Donna Ceasare, Arden Courts
- Kim Saberi, St Anthony's Memory Disorders
- Dr. Sunit Srivastava

Caregiver Resource Tables

Explore valuable information, local services, and supportive programs from organizations dedicated to helping caregivers and families thrive. These community partners are here to connect, answer questions, and offer resources.

Event Details:



Date:

October 15, 2025



Time:

10:30 AM – 1:30 PM



Location:

Seminole City Park
Parkview Room
7464 Ridge Rd
Seminole, FL 33772

Participating Organizations Include:

- Scott Law
- Arden Courts
- Sunways Senior Living Concierge
- Palms of Largo
- Touching Hearts at Home
- Super Patch



SCOTT

LAW OFFICES



To RSVP Contact:

✉ LindaBurhans@aol.com ☎ (727) 365-8383

Help Us Understand the Experiences and Beliefs of Caregivers



Participate in a study interested in learning about the experiences and beliefs of people currently caregiving for someone living with dementia.

Eligibility Requirements

- Identify as an unpaid caregiver of someone living with dementia
- Be at least 18 years or older
- Read & write in English



What Participation Entails

A single 1-2 hour online survey regarding your mental, physical, and spiritual well-being as a caregiver

Compensation

Participants will receive a \$30 gift card for completing the study



Interested? Contact Us!

Phone: 904-620-4522
Email: HealingResearch@unf.edu



This research study has been reviewed and approved by the University of North Florida Institutional Review Board. If you have concerns regarding your rights as a study participant, please contact UNF IRB via email at ORSP@unf.edu or via phonecall at (904) 620-2455. IRB-FY2025-205