

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH SEPTEMBER 2018

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us

www.dementiacaregiverresources.org

SEPTEMBER SUPPORT GROUPS

Sept 4 -The Preserve at Clearwater 9:30AM
2010 Greenbriar Blvd. CLW (727)735-6200

Sept 4 & 18 -Grand Villa - Largo 6:00 PM
750 Starkey Rd. Largo 33771 (727)586-0108

October SUPPORT GROUPS

October 2 - The Preserve Clearwater 9:30 AM
October 2 & 16 Grand Villa Largo 6:00 PM

FRANKLIN'S DEMENTIA PREVENTION TIP:

For 2018, our prevention segment will feature Dr. Daniel Amen's series on "B R I G H T M I N D S". Each month, we'll highlight each letter with Dementia prevention info, along with foods that will help keep your brain sharp. **I = Immunity/Infection** Strengthen your internal defenses. Boost your vitamin D level. Include Foods in your diet that are high in "D": Tuna, mackerel, and salmon. Foods fortified with vitamin D, like some dairy products, orange juice, soy milk, and cereals. Beef liver, cheese, & egg yolks. Visit: <https://www.amenclinics.com/>



Scientists Now Believe They May be Able to Cure GLAUCOMA by Restricting Its Autoimmune Activity

- Over 3 million Americans suffer from glaucoma, but only half of them know they have it. The research brings new hope of finding a cure for this neuro-degenerative condition that affects over 70 million people worldwide.

<https://interestingengineering.com/scientists-now-believe-they-may-be-able-to-cure-glaucoma-by-restricting-its-autoimmune-activity>

Sean W. Scott
Elder Law Attorney

WAYS TO CONVEY PROPERTY AT DEATH

If you want to direct where your property will go, then you have some choices to make as to how you want to accomplish this. For example: **Intestacy** - Simply, *intestacy* means letting the state direct the disposition of your assets. By failing to direct what is to be done with your property after your death, the state assumes that you would have wanted it to be distributed in a certain way, and defines that way by law.

Will The most used method of formal estate planning is the simple will. A will directs the state through an Personal Administrator to transfer ownership in the deceased person's property to the people indicated in the will. Married couples often use reciprocal wills, initially leaving the property outright to each other, then to children or other beneficiaries. However, there is the mandatory requirement that upon the death of each spouse, the estate must be probated. By definition, a will is the document which must be probated, with all the inherent cost, time delays and complexities.

Trust Not only does the use of a revocable living trust eliminate the intrusion of the state in the form of the probate system, but it also allows the family to possess an estate valued at a total of \$5 million without paying death taxes to the federal government.

For more information or to make an appointment for a free consult, call or visit: (727)539-0181

<http://www.virtuallawoffice.com/>



Light for the Journey - Courage for the Soul

Member Organization of:



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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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RICH AND FAMOUS and NO LEGAL FORMS

What do **Aretha Franklin** and **Tim Conway** have in common? Neither one of them prepared proper legal documents, and now their families suffer the consequences. Aretha, the “Queen of Soul”, died without a will. Estimates of her estate range from 50-80 million dollars. Because she had no will, it is a given that there will be a protracted and bitter court fight, with the lawyers ending up with the biggest share.

Tim Conway, who appeared in “McHale’s Navy” and “The Carol Burnett Show”, is in the last stages of a form of dementia. His daughter (from his first marriage), and his 2nd wife are in a nasty battle as to who should be appointed his guardian; his daughter wants him to stay in the nursing home, and his wife wants him out. It appears that money is again the over-riding issue. To prevent any confusion as to your wishes, and to help keep your family from being torn apart, NOW is the time to get all of your legal documents done or updated.



**Prior Planning
Prevents Potential Problems!**



The Association for
Frontotemporal Degeneration
FIND HELP • SHARE HOPE

FRONTOTEMPORAL DEMENTIA (FTD)

In the past, patients with frontotemporal dementia (FTD) often were misdiagnosed with depression, schizophrenia or Alzheimer's disease. Because some FTD cases still may be mis-identified, doctors say it's difficult to determine the prevalence of the disorder, but they believe FTD is the most common dementia diagnosed in patients under age 60, and is as common as Alzheimer's disease among patients age 45 to 64. Early symptoms typically involve personality or mood changes such as depression and withdrawal, sometimes obsessive behavior, and language difficulties. Many patients lose their inhibitions, and exhibit antisocial behavior. In the later stages, patients develop movement disorders such as unsteadiness, rigidity, slowness, twitches, muscle weakness or difficulty swallowing. Some patients develop ALS (Amyotrophic Lateral Sclerosis) AKA as Lou Gehrig's disease. People in the final stages of FTD cannot care for themselves. For more information, visit:

<https://www.theaftd.org/>

 *Can You Make A Tax Deductible Donation?* 

DCR, Inc.

P.O. Box 7677

Seminole, FL 33775

WE ALWAYS NEED USED INK CARTRIDGES



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