

DEMENTIA CAREGIVER RESOURCES, INC.

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

THE DEMENTIA DETAILS DISPATCH SEPTEMBER 2013

THE LATEST FACTOIDS, RESEARCH, TRIVIA AND INFORMATION "The Devil's in the Details"

Leading caregivers into: HOPE HELP HEART ♥♥ LIGHT GROWTH LOVE

Email: drkaren@bookofhope.us to be added to the e-newsletter distribution list.

Visit our website www.dementiacaregiverresources.org A non-profit 501(c)(3) organization since 1997

SEPTEMBER SUPPORT GROUPS

We will be meeting at the main campus of St. Mark Village starting September 3rd.



Sep. 3 & 17 St. Mark Village 9:30 AM
2655 Nebraska Ave. Palm Harbor 727-785-2580
Sep. 3 & 17 Grand Villa 6:00 PM
Sep. 6 & 20 Grand Villa 9:30 AM
750 Starkey Rd. Largo 727-586-0108
Sep. 4 Bon Secours PLACE 6:00 PM
10401 Roosevelt Blvd. St. Petersburg 727-563-9733
Sep. 9 Seasons @ CABOT COVE 9:30 AM
Cabot Cove 455 Belcher Rd. S Largo 727-282-5303

OCTOBER Support Groups

Oct. 1 & 15 St. Mark Village 9:30 AM
Oct. 1 & 15 Grand Villa 6:00 PM
Oct. 2 Bon Secours PL 6:00 PM
Oct. 4 & 18 Grand Villa 9:30 AM
Oct. 21 Seasons @ CABOT COVE 9:30 AM

FRANKLIN'S DEMENTIA PREVENTION TIP

Challenge yourself to do a crossword puzzle; create a new recipe; or do something you have always wanted to do like travel alone, or get out of that same old five mile comfort zone routine. Make changes to your lifestyle. The benefits can be amazing. Get those neurons fired up!



TEST OF 'FAMOUS FACES HELPS TO SPOT EARLY DEMENTIA'

Asking patients to identify pictures of famous people, such as Elvis Presley and Diana, Princess of Wales, may help spot early dementia, say researchers.

<http://www.bbc.co.uk/news/health-23665502>

BIOMARKER RESEARCH

Researchers found that one biomarker is detectable in spinal fluid at least 10 years before signs of dementia appear. Scientists have found the earliest biological marker in the body linked to the risk of getting the killer brain condition. The breakthrough could lead to people who may not fully develop dementia until a decade later being given drugs immediately. This is crucial as experts believe the key to beating the disease lies in identifying it early when treatment is more effective.

For more information, visit:

<http://www.express.co.uk/news/health/422192/Early-test-offers-hope-in-the-battle-against-dementia>

Sean W. Scott
Elder Law Attorney

When families are faced with a debilitating disease one of the primary facets in dealing with that disease is a legal one. It is always better if the person with the illness can participate in the decision making process that will govern how their financial and health choices will be determined when they can no longer speak for themselves or make good decisions on their own behalf.

For more information call: 727.539.0181

Visit: <http://www.virtuallawoffice.com/>

LINK BETWEEN ALZHEIMER'S & PARKINSON'S?

A scientific study found that there may well be a direct link between Alzheimer's and Parkinson's disease. In the scientific study, it contended that more aged adults who contract the shakes and other quintessential symptoms of Parkinson's disease may be as much as eightfold more likely to develop Alzheimer's disease as well.

Member Organization of:



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BON SECOURS - ST. PETERSBURG

Wednesday Oct. 2nd 5PM-7:00PM

Bon Secours Place will host a special event to invite families to take a new look at support groups with a dementia educational presentation, and Karen will be signing copies of her book: "[The Dementia Caregiver's Little Book of Hope](#)"

Call for directions & to RSVP: 727-563-9733



Dementia
THE CAREGIVER'S
LITTLE
BOOK OF HOPE

DCR will have a significant presence in the community at Book Signings, Health Fairs, and other Events during the next few months.

Please visit the website for more information:
www.dementiacaregiverresources.org

THANK YOU to our SEPTEMBER SPONSORS



SAVE THE DATE, October 17th from 10am-1pm for a special "**MAKING THE RIGHT CHOICES**" symposium at [Pacifica Senior Living Belleair](#) on Original Medicare, Advantage Plans, and Part D. Mary Brennan (four-term state Legislator), Representatives from SHINE - (Serving Health Insurance Needs of Elders) & The Pasco/Pinellas Area Agency on Aging to present information.



ROAD TRIP- SAVE the DATE

November 1 & 2, 2013. We plan to travel to Orlando to see **Dr. Peter Rabins**. He is the co-author of the "The 36 Hour Day: A Family Guide to Caring for Persons with Alzheimer's Disease, Related Dementing Illnesses, and Memory Loss in Later Life." The conference includes Dr. Rabins' 90 minute presentation with questions and answers to follow. Caregiver registration fee is \$35 per person; Professional registration is \$50 per person. We promise some serious fun will be had this weekend! Food, games, maybe a museum, socialization, shopping and just spending time with old and new friends.

See PDF attachment for more details.

(We need corporate sponsorships)

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2010 Greenbriar Blvd.
Clearwater, FL 33763
www.innonthepond.org

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TINA COSTA – Operations Director

727.579.9414 tcosta@arcadiahealthcare.com

"Keeping People at Home and Healthier Longer"

WE ALWAYS NEED USED INK CARTRIDGES!

Your Tax Deductible Donations can be sent to:

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