

# DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH SEPTEMBER 2021

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[www.dementiacaregiverresources.org](http://www.dementiacaregiverresources.org)



**SUPPORT GROUPS** are going to continue to be on hold until further notice – we are all trying to stay safe. If you have questions or concerns, please e-mail Karen ([drkaren@bookofhope.us](mailto:drkaren@bookofhope.us)) and she will make sure you get to the resources or information you need. We are always willing to assist you.



From Susan Schneider Williams (*widow of Robin Williams*) "Robin wanted to help all of us be less afraid, that was **Robin's Wish**. We had been discussing what we wanted our legacies to be in life; when it was our time to go, how we wanted to have made people feel. "Without missing a beat, Robin said, 'I want to help people be less afraid'."

Robin had the little-known but deadly Lewy body disease (LBD). He died from suicide in 2014 at the end of an intense, confusing, and relatively swift persecution at the hand of this disease's symptoms and pathology. Over 1.5 million nationwide are suffering similarly right now. Although not alone, his case was extreme. Not until the coroner's report, 3 months after his death, would we learn that it was diffuse LBD that took him. All 4 of the doctors who had reviewed his records indicated his was one of the worst pathologies they had seen. He had about 40% loss of dopamine neurons and almost no neurons were free of Lewy bodies throughout the entire brain and brainstem. <https://n.neurology.org/content/87/13/1308>

Sean W. Scott  
Elder Law Attorney

**PLANNING FOR THE INEVITABLE** may not be the most enjoyable task. However, with effective estate planning, it is possible to transfer the greatest amount possible in the least amount of time to those who you want to receive it. It should be the goal of every person planning his or her estate to accomplish the following:

- o Assure continuity of control over your assets.
- o Maximize access to the assets.
- o Increase the preservation of your capital.
- o Maximize family privacy.
- o Assure adequate management of your assets.
- o Minimize time to settle the estate.
- o Minimize cost of estate settlement.
- o Reduce or eliminate estate taxes.
- o Efficiently transfer estate to desired beneficiaries.
- o Clearly indicate your health care desires.

For a free consult, call: (727)539-0181

Visit: <http://www.virtuallawoffice.com/>

**Dementia affects 8 million people** in the U.S. Symptoms of dementia-related psychosis include hallucinations, (seeing or hearing things that others do not) and delusions, (when someone believes things that are not true) people are talking about you (paranoia), or fear that someone is stealing from you. These symptoms are also very distressing for family and caregivers and may be associated with increased risk of aggressive behavior in dementia patients

For more information and resources, visit:

<https://www.morethanmemoryloss.com/>



Light for the Journey - Courage for the Soul



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A copy of the official registration and financial information for Dementia Caregiver Resources, Inc., a Florida-based nonprofit corporation (registration no. CH8538), may be obtained from the division of consumer services by calling toll-free 1-800-help-fla (435-7352) within the state or visiting their website [here](http://www.dementiacaregiverresources.org). Registration does not imply endorsement, approval, or recommendation by the state.

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## Question Authority

We often hear family members say, "I didn't want to ask the wrong questions to someone I just met." There is still this notion of many that the doctor is the "all knowing" professional and that you shouldn't challenge the authority of someone with an advanced degree. The fact is that most professionals want to hear what you're going through and what feedback you can offer. The caregiver is often the bridge between the patient and the healthcare system. Furthermore, the caregiver has perspectives of the illness that the patient often never understands or even realizes. These details can help doctors and other medical professionals fill in the critical gaps for the care of the patient. Keep a daily diary to help you to remember even the smallest details, it may make a huge difference.



Dementia Caregiver Resources, Inc.

P.O. Box 7677

Seminole, Florida 33775

☺ **Your donations make all the difference**

**WE ALWAYS NEED USED INK CARTRIDGES**

**Thank you to Evolution Medical; Seminole**

**Towing; Bonnie Q.; Ron S.; and St. Mark Village**

**to continue to save these for us –**

**You are really making a difference!**



## CAREGIVER'S BILL of RIGHTS

*I have the right . . .*

- ♥ To take care of myself. This is not an act of selfishness. It will give me the capacity to take better care of my Loved One.
- ♥ To seek help from others even though some may object. I recognize the limits of my own endurance and strength.
- ♥ To maintain facets of my own life that do not include the person I care for, just as I would if he or she were healthy. I know that I do everything that I reasonably can for this person, and I have the right to do some things for myself.
- ♥ To get angry, be depressed, and express other difficult feelings occasionally. To reject any attempts by my relative(s) either conscious or unconscious to manipulate me through guilt, anger, or financial threats.
- ♥ To receive consideration, affection, forgiveness, appreciation, and acceptance for what I do for my Loved One as long as I offer these qualities in return.
- ♥ To take pride in what I am accomplishing and to applaud the courage and stamina it has taken to meet the needs of my Loved One on this difficult dementia journey.
- ♥ To protect my individuality and my right to make a life for myself that will sustain me in the future when my Loved One will no longer need my full-time help.
- ♥ To be ever hopeful that as new strides are made in finding resources to aid physically and mentally impaired older persons in our country, similar strides will be made toward aiding and supporting caregivers.



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