DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH SEPTEMBER 2023

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

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www.dementiacaregiverresources.org



SUPPORT GROUPS

A loved one has been diagnosed with a form of dementia or you may have just placed your Loved One in a memory care community and you're wondering what now? What do I do next? Where is this leading? Join us to find solutions.



Saturday September 9th 10:30AM - Noon 3055 Union St. - Clearwater, FL 33759 For more Info, Call: (727) 260-2826



Tuesday September 12th 2:00PM-3:30PM 620 Belleair Road - Clearwater, FL 33756 For more info, Call: (727) 467-9464 ad.belleair@pacificaseniorliving.com

The INN at FREEDOM SQUARE

Wednesday September 13th 1:30PM-3PM

10801 Johnson Blvd. - Seminole 33772

RSVP: Eric Kane (727) 398-0363

kaneeric@freedomsquarefl.com

"I did not cause it. I can't change it, and I cannot control it. But I do have choices about how to live each moment...I will make life as enjoyable, dignified, and meaningful as possible for as long as I can." Caregiver for husband with Alzheimer's



The Law Office of Sean W. Scott

A knowledgeable elder law attorney that is sensitive to your needs can be your most valuable asset. Sean can help you to navigate the often confusing financial and legal matters that will need to be addressed, created, and updated. Attend a FREE Seminar on:

TUESDAY September 5 – 2PM Palm Harbor Library For a free consult, call: (727)539-0181 http://www.virtuallawoffice.com/



BLOOD TEST Researchers are looking for simpler, more cost-effective Alzheimer's testing. Quest Diagnostics launched the first direct-toconsumer blood test to detect abnormal levels of beta amyloid, a key Alzheimer's disease protein that can appear years before dementia symptoms arise. The test costs around \$400 and is called AD-Detect. One of the advantages of having an amyloid test is that it lets you know, potentially years in advance of even being symptomatic, that you are at risk for Alzheimer's. However, it is not currently recommended to use Alzheimer's disease blood tests in asymptomatic individuals, as this could expose them to adverse consequences -- for example, ineligibility for long-term care insurance -- and they may not be eligible for any current treatments.

For more info, visit: https://www.nih.gov/news-events/nih-research-matters/new-blood-test-method-may-predict-alzheimers-disease



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Alzheimer's TODAY is The Alzheimer's Foundation of America's magazine for caregivers of individuals living with Alzheimer's disease and related illnesses. Each issue provides helpful information from professionals and family caregivers, personal stories from people who have been affected by Alzheimer's and tips on health and wellness.

Subscribe for this free magazine by calling: 1-866-232-8484 or visiting:

https://alzfdn.org/media-center/alztoday/



Our LONG-TERM MEMORIES can

remember songs, poems, patriotic verses like the Pledge of Allegiance, prayers, Bible stories and more. Music has proven to be one of the most effective ways to relate to people with Alzheimer's or other memory loss diseases. Many can still sing a familiar song even if they don't recognize the person in front of them. These memories are etched into our brain cells – they have been a part of our lives for 70+ years and usually can evoke a spark of awareness and participation.

THE NEW TERM FOR DEMENTIA?

The international diagnostic criteria has proposed to modify the name "dementia" with "major neuro-cognitive disorder". MNCD is aimed to reduce the negative stigma associated with the previous name and with the original meaning from the Latin word "demens" ("without mind").

True Story - ADULT DAY CARE

A husband was struggling with his wife who now has a form of dementia. She was starting to wander down the street, she was babbling, and he was in total denial of what her current and future needs would look like. I spoke with a good friend of his and suggested an adult day care center. The husband kept saying he would look into that but he did not. Finally, after she wandered away and the police were called, he took her to an adult day care center, and after a few minutes, she was so comfortable she told him to leave and come back in the pm to pick her up! He KNEW he had found the right place for her needs, and he needed to let her attend - win/win!



◆ 25 years of assisting caregivers ◆
DEMENTIA CAREGIVER RESOURCES, INC.
P.O. Box 7677 - Seminole, Florida 33775

Your donations make all the difference! WE ALWAYS NEED USED INK CARTRIDGES



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