

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH SEPTEMBER 2025

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us <http://www.dcrinc.org/>

SEPTEMBER SUPPORT GROUPS



Room #607

→ **Monday September 8th - 2:30 - 3:45PM**
420 Bay Ave. Clearwater (727) **445-4788**
Anita M. actdir@clearwateroaks.org



ARAVILLA Clearwater

→ **Tuesday September 9th - 1:30 - 2:45PM**
3055 Union St. 33759 (727) **260-2826**
j.pham@aravillaclearwater.com



The INN at FREEDOM SQUARE (3rd Floor)

→ **Wednesday September 10th - 1:30-3:15 PM**
10801 Johnson Blvd. - Seminole 33772
(727) **398-0363**
damigodeana@freedomssquarefl.com

'Emma and Bruce Willis:

The Unexpected Journey'

In a rare and candid conversation, Emma Heming Willis shares her deeply personal story with Diane Sawyer, including the joy of their life together, the heartbreak of the diagnosis, and her evolving role as Bruce's care partner. Emma's forthcoming book, "The Unexpected Journey," offers a lifeline for the millions of caregivers who walk this path in silence.
<https://abc.com/news/83a8aa7b-dc91-47c4-b9b4-62dd550661cc/category/1138628>



REVERSE MORTGAGES can be something to consider when you are in the elderly planning phase of your life. However, it is a solution with implications you must understand first. Without the right knowledge and guidance, they can unintentionally disqualify someone from public benefits (Medicaid), and/or create complicated estate administration.

For a free consultation, call: (727) **539-0181**
Visit: <http://www.virtuallawoffice.com/>

Mayo Clinic researchers have developed a new artificial intelligence (AI) tool that helps clinicians identify brain activity patterns linked to nine types of dementia, including Alzheimer's disease, using a single, widely available scan. Dementia affects more than 55 million people worldwide, with nearly 10 million new cases each year. Alzheimer's disease, the most common form, is now the fifth-leading cause of death globally. Diagnosing dementia typically requires cognitive tests, blood draws, imaging, clinical interviews and specialist referrals. Even with extensive testing, distinguishing conditions such as Alzheimer's, Lewy body dementia, and frontotemporal dementia remains challenging, including for highly experienced specialists.

<https://newsnetwork.mayoclinic.org/discussion/mayo-clinics-ai-tool-identifies-9-dementia-types-including-alzheimers-with-one-scan/>

Light for the Journey - Courage for the Soul

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"A copy of the official registration and financial information may be obtained from the division of consumer services by calling toll-free within the state. Registration does not imply endorsement, approval, or recommendation by the state." 1-800-435-7352 <https://www.fdacs.gov/>

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MUSIC PLAYLIST FOR DEMENTIA PATIENTS

Amazing Grace - Various Artists

Moon River - Henry Mancini, Johnny Mercer, or Andy Williams

I Want to Hold Your Hand - The Beatles

Blue Suede Shoes - Elvis Presley

You Make Me Feel So Young - Frank Sinatra

Stand by Me - Ben E. King

What a Wonderful World - Louis Armstrong

Somewhere Over the Rainbow - Judy Garland

Singing in the Rain - Gene Kelly

You Are My Sunshine - Jimmie Davis

→ It has been recommended by staff in ALFs to **not** use nature tapes, ocean music, or bubbling water stream white noise DVDs. To someone with a form of dementia it may not conjure up a memory of a stream rushing with gentle flow, but simply some running water that needs to be turned off, or makes them think they must go to the bathroom.

Neglect

An indirect form of abuse is neglect. A caregiver who is not properly supported and disease savvy may intentionally or unintentionally neglect a family member with a dementia. Most people don't *want* to neglect their loved ones. But, they might not provide enough care if they don't completely understand the individual's limitations or disabilities. This is neglect, and the health of the patient suffers.

WE ALWAYS NEED USED INK CARTRIDGES!

Could Lithium Explain — and Treat — Alzheimer's Disease?

Lithium is being investigated as a potential treatment for Alzheimer's disease (AD) due to its neuroprotective properties and ability to reduce neuropathology in animal models. Early research suggests that lithium may slow cognitive decline and improve cognitive function in some AD patients, with some studies even indicating a potential to reverse memory loss in mice. However, lithium use is also associated with potential side effects and safety concerns, warranting further research to determine the optimal dosage and long-term effects.

<https://hms.harvard.edu/news/could-lithium-explain-treat-alzheimers-disease>

STATISTICS 2025 Up to three quarters of those with dementia worldwide have **not** received a diagnosis. Almost 80% of the general public are concerned about developing dementia at some point and 1 in 4 people think that there is nothing we can do to prevent dementia.

→ **Almost 62% of healthcare practitioners worldwide incorrectly think that dementia is part of normal aging.**

→ 35% of caregivers across the world said that they have hidden the diagnosis of dementia of a family member

→ Over 50% of caregivers globally say their health has suffered as a result of their responsibilities.

<https://www.alzint.org/about/dementia-facts-figures/>



Your donations make all the difference!

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