

DEMENTIA CAREGIVER RESOURCES, INC.

THE DEMENTIA DETAILS DISPATCH SEPTEMBER 2026

Karen Truman, PhD, President and Jeff Truman, MS Ed, Director

drkaren@bookofhope.us

<http://www.dcrinc.org/>

SEPTEMBER SUPPORT GROUP'S



Clearwater

→ **Tuesday September 8th - 1:30PM**

3055 Union St. 33759 (727)260-2826

j.pham@aravillaclearwater.com



The INN at FREEDOM SQUARE (3rd Floor)

→ **Wednesday September 9th - 1:30 PM**

10801 Johnson Blvd. - Seminole 33772

(727)398-0363

damigodeana@freedomssquarefl.com



→ **Tuesday September 15th - 1:30PM**

2010 Greenbriar Blvd. Clearwater 33763

(727)735-6200

isahhar@preserveatdunedin.com



DOLLY PARTON "Back when my husband Carl was sick, that was a long time, and then he passed, I didn't take care of myself, so I let a lot of things go that I should have been taking care of." We don't know how she didn't take care of herself, but her few words speak volumes given that she had been taking extensive care of her husband.

PLEASE TAKE GOOD CARE OF YOU!



SCOTT

Legal Advocates
for Aging Americans.

The Program of All-Inclusive Care for the Elderly (PACE)

Many families assume nursing home care is the only option when a loved one needs daily medical support. The Program of All-Inclusive Care for the Elderly (PACE) offers another option for qualifying seniors. It serves those who need a nursing home level of care but want to remain in the community. PACE coordinates medical care, therapy, prescriptions, transportation, and social services through one program. Despite its potential to support aging in place, PACE remains unfamiliar to many Florida families. Understanding the program's rules, eligibility, and availability can help families consider PACE as part of their long-term care planning.

For a free consultation, call: (727)539-0181
or visit: <https://virtuallawoffice.com/>

Clinical Research Trial for LEWY BODY

Axiom Brain Health is getting ready to start a clinical research trial for patients with Lewy Body Dementia. Since there aren't any disease-modifying treatments available right now, Axiom is really excited to explore this new potential option.

Isabel Dalence - *Sub-Investigator, MSN, FNP-C*
Axiom Brain Health, LLC

Work: 813-353-9613 x405

IDalence@AxiomBrainHealth.com

www.axiombrianhealth.com

Light for the Journey - Courage for the Soul

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"A copy of the official registration and financial information may be obtained from the division of consumer services by calling toll-free within the state. Registration does not imply endorsement, approval, or recommendation by the state." 1-800-435-7352 <https://www.fdacs.gov/>

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REALLY LISTENING

There are some things you can do that often can shift the exchanges between you and the person you are caring for. Ask them what they want. Not what you think they want. Not what the doctor recommended. What do they want? About their care, their daily routine, their wishes for what comes next. This kind of conversation is often hard. Have it anyway. Tell them the truth. The person with a form of dementia is often protected from the reality of their own situation — and they know it. **They can feel the conversations happening around them rather than with them.** Treating your loved one as an equal member of their own care team is one of the most dignified things you can do. **Let them help you.** The person being cared for often *desperately* wants to contribute — to feel useful, connected, and present. Let them. This small responsibility often matters (more than we know) and allows a sense of accomplishment which can result in less acting out behaviors and better relationships.



Brain Health Institute (BHI)

According to the Emory Goizueta BHI (in Atlanta), there have been remarkable advancements in music therapy for individuals with brain disorders such as Alzheimer's, Parkinson's, and stroke, and that research has shown that attending concerts and other arts events can improve memory and semantic fluency, (*our stored knowledge about the world, words, and facts*).



A lasting legacy

BRAIN DONATION

is one of **THE MOST VITAL GIFTS A PERSON CAN GIVE TO Advance Alzheimer's, PTSD, CTE, and other important Research Studies**

A single donated brain can support hundreds of research studies that will contribute to helping advance scientific understanding of Alzheimer's and other dementia-related illnesses. It can also confirm a diagnosis. Among the many places to donate are Alzheimer's Disease Research Centers, and centers of excellence that support the nation's increased effort to address Alzheimer's.

The **VA Biorepository Brain Bank (VABBB)** is a national program that collects, processes, stores, and distributes brain, spinal cord, and central nervous system tissue for scientific research on neurological and mental health conditions and to scientists studying disorders such as amyotrophic lateral sclerosis ALS – (Lou Gehrig's disease), disorders of Veterans of the 1990-1991 Gulf War and post-traumatic stress disorder (PTSD). You can find more information about donation, at:

<https://www.nia.nih.gov/health/brain-donation/brain-donation-resources-adrcs>



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P.O. Box 7677 - Seminole, Florida 33775

WE ALWAYS NEED USED INK CARTRIDGES!

Your donations make all the difference!

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